Frequently Asked Questions
Module Overview

Bariatric and Post-Bariatric Surgery
Clinical Nursing Education Series

A continuing education activity sponsored by
Medtronic
HealthStream
Further, Together
Frequently Asked Questions (FAQs)

How do I obtain the bariatric clinical education modules?

The educator/presenter completes the online course Powerful Presentations: A Guide to Surgical Education through HealthStream™ at http://learn.healthstream.com/bariatricpst/ and submits his/her biographical data and evaluation form. As soon as these documents are submitted and the evaluation is completed, he/she will receive instructions on how to place an online order. This will enable the educator/presenter to order course supplies from the HealthStream™ fulfillment partner, Webb Mason.

What if I experience difficulty with the Powerful Presentations Skills Training online course?

The opening page of the PST course at http://learn.healthstream.com/bariatricpst/ provides detailed instructions for first-time students logging into the system. If customer service is needed, you may call HealthStream™ customer service at 800-521-0574 between 7:00 a.m. and 7:00 p.m. CT.

My hospital participates in the HealthStream™ LMS program. Are these modules accessible through the LMS program?

No. Although HealthStream™ sponsors these educational modules, they are not presently part of the LMS program.

My hospital currently participates in the HealthStream™ LMS system. Do I still need to take the presentation skills course?

Yes. All presenters must initially complete the HealthStream™ Presentation Skills Training and submit their biographical data form to ensure compliance with nurse policies.

How do I order the presentation CD and module workbooks?

The educator/presenter completes the online course Powerful Presentations: A Guide to Surgical Education through HealthStream™ at http://learn.healthstream.com/bariatricpst/ and submits his/her biographical data and evaluation form. As soon as these documents are submitted and the evaluation is completed, he/she will receive instructions on how to place an online order. This will enable the educator/presenter to order course supplies from the HealthStream™ fulfillment partner, Webb Mason.

Do you have to be a registered nurse to present these educational modules?

No. Although the content of the modules is designed primarily for the nurse and those providing care to the bariatric surgery patient, it is not required that the presenter be a nurse. It is, however, strongly encouraged that the presenter be extremely knowledgeable regarding the needs and care required for this patient population.
**Do I have to order all of the modules?**

No. Only order the module(s) that will meet the educational needs of your office or facility.

**What is the cost? What method of payment is accepted?**

Each presentation CD costs $5.00. Only one presentation CD is needed per module as the presenter is the only one who will require this.

Each module workbook costs $5.00. Each participant will require a workbook in order to register online, complete the evaluation and be awarded credit. The cost of the CDs and workbooks does not include shipping and handling. Shipping and handling fees will calculate to approximately 20% of the total cost of the CDs and workbooks ordered and will be added to your invoice.

Payment may be in the form of MasterCard or Visa.

**What if I experience difficulty in placing my online order with the fulfillment warehouse?**

If customer service is needed, you may call Webb Mason customer service at 800-411-9411 between 8:00 a.m. and 6:00 p.m. ET.

**When can I expect the delivery of these modules and how will they be shipped?**

Orders placed before 2:00 p.m. ET will be processed the same day. If after 2:00 p.m. ET, the order will be processed on the next business day. Orders are shipped UPS Ground delivery.

**How many credits are awarded upon completion of each module?**

Each module offers at least one (1) contact hour for those participants that attend the entire presentation. See course titles for the exact amount of contact hours each course will award. HealthStream™ is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. HealthStream™ is a provider for the following state boards of nursing:

- California Board of Registered Nursing, Provider Number CEP13221
- West Virginia Board of Examiners for Registered Professional Nurses, Provider Number WV2007-0517RN
- Iowa Board of Nursing, Provider Number 272
- Florida Board of Nursing, Approved Provider 50-907

**How do I obtain my contact hours?**

After attending the presentation, participants will need to register online with HealthStream™. Detailed instructions are provided in the module workbooks regarding online registration and the completion of the module evaluation. Once these are satisfactorily completed and submitted online, the continuing education certificate will be immediately emailed. Your personal profile, established within the HealthStream™ system when you registered, will reflect the completion of this module and the credit awarded. You will be able to access this profile and print this information as needed.
Module Overview

The following five online continuing education courses will be available through HealthStream™* until March 14, 2017. These courses have been updated to reflect the most current evidence-based research. Each course is accredited through the American Nurses Credentialing Council (ANCC is the national accrediting body for nurses). Below you will find the course title, a description of each course, and the number of continuing education units awarded on completion.

1. Preoperative Care of the Bariatric Surgery Patient – 1.3 CEUs

Obesity is a growing concern worldwide. In the United States, 75 million Americans are obese, which accounts for more than one-third of the adult population. Alarmingly, extreme obesity (BMI greater than 40 kg/m²) affects nearly 1 in 20 Americans. While obesity rates are not continuing to increase, a greater proportion of the U.S. population is now heavier than ever before.

In recent years, reports about the benefits of surgical weight loss, the increased safety and availability of these procedures, and the decreased cost, have led to an increase in the number of patients undergoing bariatric surgery. Recent statistics indicate that 220,000 obese adults in the United States have bariatric surgery each year. Nurses and other healthcare providers must be prepared to provide their bariatric patients with quality care that is delivered in a respectful and safe manner. This course will discuss issues encountered when preparing an obese patient for bariatric surgery. Specifically, we will discuss the need for multidisciplinary care, patient screening and assessment, and preparation for surgery. Recent changes in established guidelines for bariatric surgery will be highlighted. Special precautions that must be considered when mobilizing the obese patient will also be detailed. The overall purpose of this activity is to enable the learner to understand the pre-surgery requirements of a patient undergoing bariatric surgery.

2. Sensitivity Considerations and Issues with Obese Patients – 1.3 CEUs

Obese individuals encounter bias and discrimination in all areas of life, including healthcare. Negative attitudes toward the obese can cause these individuals to feel a sense of isolation, loss of hope, or fear of a hostile outside environment. By contrast, sensitivity toward the obese patient can help foster emotional and physical healing. This learning activity describes various discriminatory attitudes toward obese people prevalent in our society, including the attitudes of physicians, nurses, and nutrition experts. Strategies for promoting patient sensitivity are then described. The overall purpose of this activity is to enable the learner to understand how to provide optimal, compassionate care for bariatric patients.

3. Bariatric Surgical Procedures: Issues and Considerations – 1.1 CEUs

In recent years, bariatric surgery has emerged as a safe and effective treatment for severe obesity, with some bariatric procedures — such as laparoscopic adjustable gastric banding and laparoscopic gastric bypass — seeing tremendous growth. While the safety of these procedures has increased as well, complications and adverse events are still a concern. In order to properly care for and anticipate the needs of bariatric surgery patients, nurses need to be familiar with the types of procedures being performed, their benefits, and associated risks. This course will review the anatomy of the gastrointestinal tract and then describe each of the three major types of bariatric surgery procedures. Emphasis will be placed on how the surgery results in weight loss as well as its associated benefits and risks. The overall purpose of this activity is to enable the learner to understand the pros and cons of different types of bariatric surgery.

4. Care of the Bariatric Surgery Patient: Operative & Postoperative Care – 1.4 CEUs

Recent statistics indicate that 220,000 obese adults in the United States have bariatric surgery each year. While these procedures have been shown to be safe and effective, no surgery is completely without risk. In order to properly care for and anticipate the needs of bariatric surgery patients, nurses need to be informed about the potential acute complications and their emergency management during and after bariatric surgery. This continuing education activity will discuss intraoperative and postoperative care of the bariatric surgery patient. The overall purpose of this activity is to enable the learner to understand how to care for bariatric patients before, during, and after surgery.

5. Postoperative Complications of Bariatric Surgery – 1.2 CEUs

Postoperative care of bariatric surgery patients requires close monitoring for signs of complications including, but not limited to, respiratory problems, wound infection, and gastrointestinal (GI) bleeding. This continuing education activity will discuss recognition and management of symptoms, as well as triage of the bariatric patient in the ER. This course will also show how to prepare the patient before discharge with instructions for home care, including wound care, and management of medication. The overall purpose of this activity is to enable the learner to understand how to care for the postsurgical bariatric patient.

HealthStream™ customers will have access to the courses through their facility’s HealthStream™ site.

Non-HealthStream™ customers may self-register by going to http://learn.healthstream.com/accesspoint/surgicaled.
To access these modules in an online format, visit healthstream.com/surgicaleducation

Clinical Education Series Process

Powerful Presentations: Guide to Surgical Education completed by program coordinator/clinical educator/presenter
learn.healthstream.com/bariatricpstd
Follow instructions on opening page.

Evaluation and biographical forms are completed at the end of online Powerful Presentations Training. Ordering information is provided for the HealthStream™ fulfillment warehouse.

Online ordering of specific module(s) and workbooks placed – shipped UPS Ground.

Materials arrive and presentation occurs.

Learner registration/evaluation is completed online – credit issued immediately.

HealthStream™ notifies program coordinator/clinical educator/presenter of missing requirements.

To access these modules in an online format, visit healthstream.com/surgicaleducation