

Resident Skin/Peri Care Checklist

MALE CARE

- If not circumcised, hold shaft of penis and gently retract foreskin.
- Using circular motion, wash tip of penis (if using soap, avoid getting it into meatus.)
- Repeat cleaning from meatus outward until clean; if needed, return foreskin to natural position.
- Wash shaft and testicles. Pay attention to folds and groin area.
- Rinse (if soap used) and pat thoroughly dry (Note: pre-moistened wipes preferable.)
- Using separate cloth, wash lower abdomen or any other areas that may have been exposed to urine or feces.
- Reposition resident to side-lying position, cleanse anal and buttocks area with toilet tissue if excess fecal matter.
- Rinse (if soap used) and pat dry.
- Apply barrier cream in thin layer to all skin-fold areas if recommended by facility protocol.
- Make resident comfortable.

NOTE:

- Never use powder.
- Wash hands before and after procedure.
- Follow waste management protocol for soiled materials.
- Incontinent products and wipes are not to be flushed in toilet.
- Always apply correct incontinent products per application instructions and facility incontinent system.
- Use gloves per facility protocol.

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