Less invasive than other palatal surgical procedures, the Pillar® Procedure involves inserting three tiny woven implants into the muscle of the soft palate. The body’s natural fibrotic response to the implants causes tissue to grow into and around the implants over the course of 8 to 12 weeks. The implants, together with the fibrotic tissue, add structural support and stiffen the soft palate. The stiffening and support help reduce the tissue vibration that can cause snoring as well as the tissue collapse that can obstruct the upper airway and cause obstructive sleep apnea. The Pillar Procedure has a very low reported complication rate and is performed in a doctor’s office in approximately 30 minutes using only local anesthetic. Patients typically resume normal diet and regular activities the same day.

For further information, please call Medtronic ENT at 800-874-5797 or 904-296-9600. You may also consult our website at www.MedtronicENT.com and www.PillarProcedure.com.