You may request literature about Medtronic Therapies from everydayfreedom.com. We encourage you to carefully review the information on the website, and to discuss therapy options with your doctor.

**Important Safety Information**

**InterStim® Therapy for Urinary Control:** InterStim Therapy treats urinary retention (inability to completely empty the bladder) and the symptoms of overactive bladder, including urinary urge incontinence (leakage) and significant symptoms of urgency-frequency. It should be used after you have tried other treatments such as medications and behavioral therapy and they have not worked, or you could not tolerate them. InterStim Therapy for Urinary Control is not intended for patients with a urinary blockage.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 16; or for patients with neurological diseases such as multiple sclerosis.

**InterStim Therapy for Bowel Control:** InterStim Therapy treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

**InterStim Therapy for Urinary Control and for Bowel Control:** You should have a successful trial assessment before receiving InterStim Therapy. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim device.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. Please consult your physician to decide whether InterStim Therapy is right for you. A prescription is required. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic’s website at www.medtronic.com.

USA Rx Only. Rev 0311
If you’re thinking about Medtronic Bladder Control or Bowel Control Therapy delivered by the InterStim™ system, you probably have a lot of questions.

- What is the evaluation like?
- How will I feel after the procedure?
- How will my life be different with this therapy?
- How is this therapy different than other options?

People living with this therapy have answers. And they’re ready to talk with you through the Ambassador Program.

**UNDERSTAND THE EXPERIENCE**

Connect with a volunteer who has a similar condition and who’s willing to share their experience with Medtronic Bladder Control or Bowel Control Therapy. They can speak candidly about the evaluation, the procedure, and their results.

**Requesting a call is easy as 1-2-3**

1. Visit [InterStimAmbassadors.com](http://InterStimAmbassadors.com) or call 1-800-664-5111 between 8:00 a.m. and 5:00 p.m. (CT), Monday to Friday

2. Answer a few questions about your symptoms

3. Provide your contact details

Medtronic will find an Ambassador to call you at a scheduled time. The call usually lasts about 20 minutes. There is no cost to participate.

### Who are Ambassadors?

- Ambassadors are volunteers, not Medtronic employees.

- Ambassadors’ comments relate to their particular experience only.

- Medtronic does not monitor or control, and cannot be responsible for an ambassadors’ statements.

“My Ambassador was very kind, caring, and candid. She answered my questions and calmed my fears.”

- Donna L.

Ambassadors are instructed not to disclose your personal information to others, but we cannot guarantee this will not happen. Therefore, we encourage you to refrain from sharing your personal information with the ambassador unless you wish to do so.