

Prepare for Your Doctor Visit

Be prepared to discuss the specifics of your fainting with your doctor.

Answers to the following 8 questions may help your doctor determine the cause of your unexplained fainting:

1. Have you had an unexplained fainting spell?
2. When did your fainting begin?
3. How many fainting spells have you had over the last 2 years?
4. About how long is it between fainting spells?
5. What were you doing before you fainted?
6. Does your job put you at risk for fainting?
7. Have you been monitored or tested to find the cause of your fainting?
8. Are you receiving treatment for fainting spells like medication or lifestyle changes, but the treatment is not helping?

Some questions you could ask your doctor

- Could fainting be related to my heart?
- What tests are needed to find out why I faint? What will the tests show?
- Should I see a heart specialist doctor to help determine the cause of fainting?

Information on this site should not be used as a substitute for talking with your doctor. Always talk with your doctor about diagnosis and treatment information.