

Prepare for Your Doctor Visit

You probably have plenty of questions about your treatment for scoliosis but may not know where to begin. To get you started here are some sample questions that you may like to consider when visiting your healthcare professional.

1. What is my diagnosis?
2. What type of alternative therapies should/can I try?
3. How should I quantify my pain?
4. Will you put me on medications? If so, what are they and are there any side effects?
5. Will my insurance cover the treatments?
6. How often will I need to see you?
7. Is surgery possibly in my future?
8. What lifestyle changes, if any, will I need to make?
9. Who should I call in your office if I have more questions?

Information on this site should not be used as a substitute for talking with your doctor. Always talk with your doctor about diagnosis and treatment information.