Questions for My Healthcare Professional

If you are suffering from neck or back pain and/or other symptoms and are planning to see a healthcare professional, it is always good to have some questions in mind to ask so you can get a thorough, clear understanding of your condition and any potential treatment options.

To get you started here are some sample questions that you may like to consider when visiting your healthcare professional.

1. What is my diagnosis?

2. What kind of treatment do you recommend and what are the alternatives?

3. What are the reasonable expectations for success of the treatment you recommend?

4. Do I need medication - if so which kind and are there any side effects?

5. Is surgery a possibility - if so what are my surgical options?

6. What lifestyle changes, if any, do I need to make?

7. Will I need to see a specialist?

8. Whom should I contact in your office if I have more questions?

Information on this site should not be used as a substitute for talking with your doctor. Always talk with your doctor about diagnosis and treatment information.