Questions for My Surgeon

Is your doctor recommending surgery? You probably have plenty of questions but may not know where to begin. To get you started here are some sample questions that you may like to consider when visiting your healthcare professional.

1. What type of spinal surgery am I going to require?
2. What exactly happens during this surgery?
3. What are the pros and cons of this surgery?
4. How large will my incision be & where will it be made? What type of scar will I have?
5. Will I need a bonegraft?
6. What type of bonegraft options do I have?
7. Will there be any implants involved?
8. Will I need to see a specialist?
9. What is the success rate with this surgery?
10. What kind of post-surgical pain can I expect?
11. How should I quality or quantify my pain?
12. Who else will be in the operating room during my procedure?
13. How long will I be hospitalised after surgery?
14. What kind of post-surgical rehabilitation can I expect?
15. Will I be having physical therapy, if so for how long?
16. When should I evaluate my progress in physical therapy and decide whether or not it is working?
17. When can I return to work or normal daily activities?
18. Can you refer me to a patient who has had a similar procedure?
19. Who should I call in your office, if I have more questions?

Information on this site should not be used as a substitute for talking with your doctor. Always talk with your doctor about diagnosis and treatment information.

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