Understand your risk

Each question represents a potential risk factor for Barrett’s esophagus.  
If you answer yes to any question, talk to a gastroenterologist.

1. Do you have frequent reflux symptoms?
   Yes  No

2. Are you of Caucasian race?
   Yes  No

3. Are you male?
   Yes  No

4. Are you age 50 or over?
   Yes  No

5. Are you overweight?
   Yes  No

6. Do you use tobacco products or have you ever used tobacco products?
   Yes  No

7. Do you have a family history of Barrett’s esophagus, or cancer of the esophagus?
   Yes  No

8. Have you been diagnosed with diabetes?
   Yes  No

9. Have you been diagnosed with sleep apnea?
   Yes  No

References: