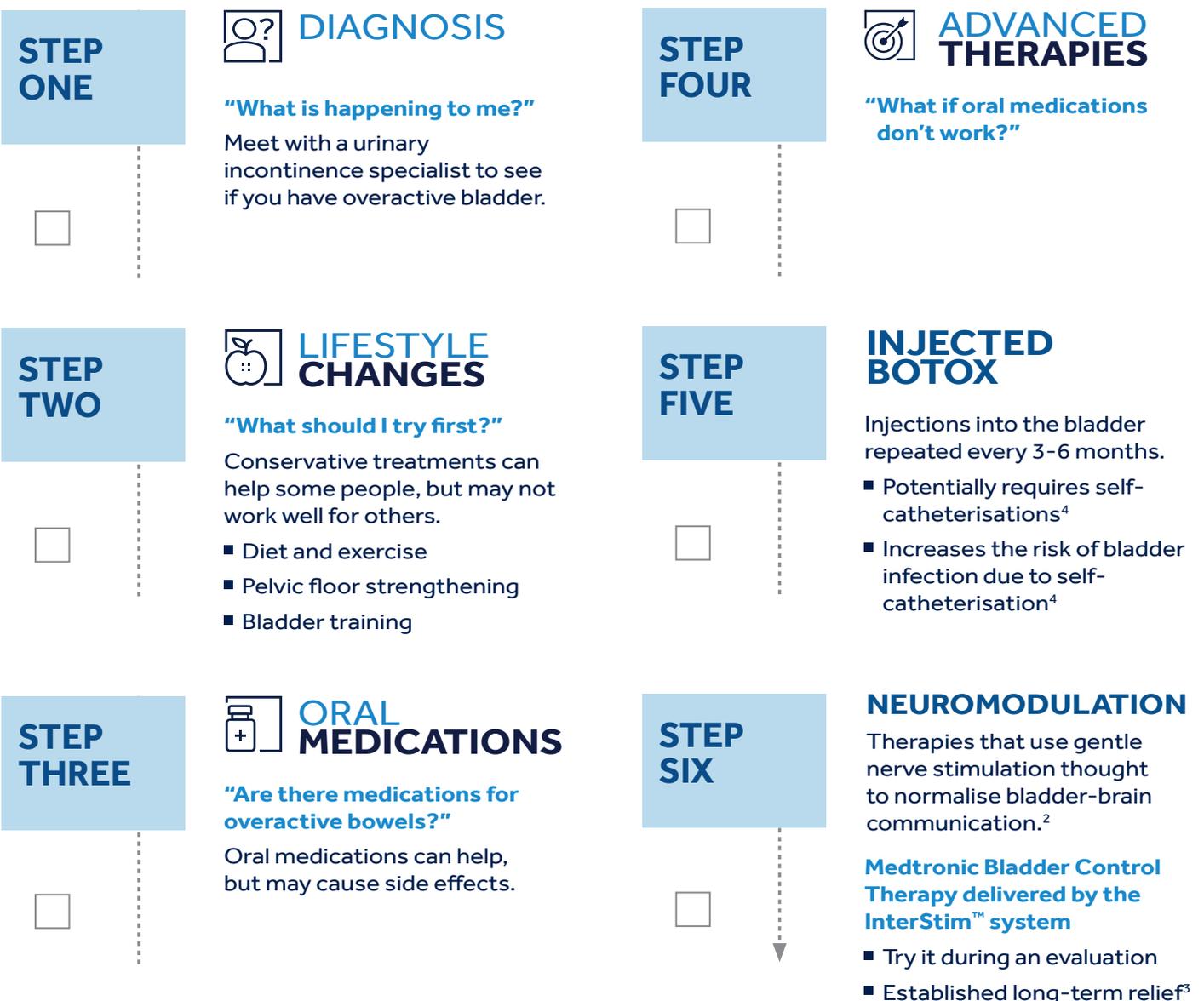


THE MANAGEMENT OF URINARY INCONTINENCE

If you are suffering from bladder incontinence, there are many treatment options available to you. Your healthcare professional will advise on what these are based on national guidelines.

The National Institute for Health and Care Excellence (NICE) guidelines for the management of urinary incontinence sets out the treatments available¹. These are set out in a sequence, known as a **care pathway**, and these are the options available to you. During the course of your treatment, your healthcare professional will be guided by these guidelines.

You will need to try, in sequence, the various treatments recommended by your healthcare professional who should follow the guidelines. Below is an overview of the care pathway (treatments that are available) for bladder incontinence:



1. Urinary Incontinence in Women: The Management of Urinary Incontinence in Women, National Collaborating Centre for Women's and Children's Health, Commissioned by the National Institute for Health and Care Excellence, September 2013

2. Leng, W. W. & Chancellor, M. B. How sacral nerve stimulation neuromodulation works. Urol. Clin. North Am. 32, 11-8 (2005).

3. Siegel, S. et al. Five-Year Follow up Results of a Prospective, Multicenter Study of Patients with Overactive Bladder Treated with Sacral Neurostimulation. J. Urol. 199, 229-236(2018)

4. Denys P et al. Efficacy and safety of low doses of onabotulinumtoxinA for the treatment of refractory idiopathic overactive bladder: a multicentre, double-blind, randomised, placebo-controlled dose-ranging study. Eur Urol. 61(3):520-9 (2012)

Implanting an InterStim™ system has risks similar to any surgical procedure, including swelling, bruising, bleeding, and infection. Talk with your doctor about ways to minimise these risks.