

# CRYPTOGENIC STROKE PATIENT FOLLOW-UP GUIDE



Reveal LINQ™  
Insertable Cardiac  
Monitoring System

You will be receiving a Reveal LINQ™ Insertable Cardiac Monitoring System. Since you had a cryptogenic stroke or stroke of unknown cause, you are receiving this system so your physician can monitor your heart for atrial fibrillation. If atrial fibrillation is found, your medical management will likely change in order to help reduce your risk for another stroke.

Dr. \_\_\_\_\_ will be inserting your Reveal LINQ Insertable Cardiac Monitor.

Dr. \_\_\_\_\_ will be following your Reveal LINQ device on the Medtronic CareLink™ Network.

If your device detects atrial fibrillation, \_\_\_\_\_ will contact you with next steps in your medical management. The device will alert your physician/device clinic if atrial fibrillation is detected.

If you require a change to oral anticoagulation, Dr. \_\_\_\_\_ will prescribe the new medication and will follow your anticoagulation care.

If you experience any other problems or concerns related to your stroke or your stroke rehabilitation, contact

Dr. \_\_\_\_\_ .

## Brief Statement

### Indications

#### Reveal LINQ™ LNQ11 Insertable Cardiac Monitor and Patient Assistant

The Reveal LINQ Insertable Cardiac Monitor is an implantable patient-activated and automatically-activated monitoring system that records subcutaneous ECG and is indicated in the following cases:

- Patients with clinical syndromes or situations at increased risk of cardiac arrhythmias
- Patients who experience transient symptoms such as dizziness, palpitation, syncope, and chest pain, that may suggest a cardiac arrhythmia

This device has not specifically been tested for pediatric use.

#### Patient Assistant

The Patient Assistant is intended for unsupervised patient use away from a hospital or clinic. The Patient Assistant activates the data management feature in the Reveal Insertable Cardiac Monitor to initiate recording of cardiac event data in the implanted device memory.

#### Contraindications

There are no known contraindications for the implant of the Reveal LINQ Insertable Cardiac Monitor. However, the patient's particular medical condition may dictate whether or not a subcutaneous, chronically implanted device can be tolerated.

#### Warnings/Precautions

##### Reveal LINQ LNQ11 Insertable Cardiac Monitor

Patients with the Reveal LINQ Insertable Cardiac Monitor should avoid sources of diathermy, high sources of radiation, electrosurgical cautery, external defibrillation, lithotripsy, therapeutic ultrasound, and radiofrequency ablation to avoid electrical reset of the device, and/or inappropriate sensing as described in the Medical procedure and EMI precautions manual. MRI scans should be performed only in a specified MR environment under specified conditions as described in the Reveal LINQ MRI Technical Manual.

##### Patient Assistant

Operation of the Patient Assistant near sources of electromagnetic interference, such as cellular phones, computer monitors, etc., may adversely affect the performance of this device.

#### Potential Complications

Potential complications include, but are not limited to, device rejection phenomena (including local tissue reaction), device migration, infection, and erosion through the skin.

#### Medtronic MyCareLink™ Patient Monitor, Medtronic CareLink™ Network and CareLink™ Mobile Application

##### Intended Use

The Medtronic MyCareLink Patient Monitor and CareLink Network are indicated for use in the transfer of patient data from some Medtronic implantable cardiac devices based on physician instructions and as described in the product manual. The CareLink Mobile Application is intended to provide current CareLink Network customers access to CareLink Network data via a mobile device for their convenience. The CareLink Mobile Application is not replacing the full workstation, but can be used to review patient data when a physician does not have access to a workstation. These products are not a substitute for appropriate medical attention in the event of an emergency and should only be used as directed by a physician. CareLink Network availability and mobile device accessibility may be unavailable at times due to maintenance or updates, or due to coverage being unavailable in your area. Mobile device access to the Internet is required and subject to coverage availability. Standard text message rates apply.

##### Contraindications

There are no known contraindications.

##### Warnings and Precautions

The MyCareLink Patient Monitor must only be used for interrogating compatible Medtronic implantable devices.

*See the device manual for detailed information regarding the implant procedure, indications, contraindications, warnings, precautions, and potential complications/adverse events. For further information, please call Medtronic at 1 (800) 328-2518 and/or consult Medtronic's website at [www.medtronic.com](http://www.medtronic.com).*

**Caution:** Federal law (USA) restricts these devices to sale by or on the order of a physician.

Medtronic  
710 Medtronic Parkway  
Minneapolis, MN 55432-5604  
USA  
Tel: (763) 514-4000  
Fax: (763) 514-4879

Toll-free: 1 (800) 328-2518  
(24-hour technical support for  
physicians and medical professionals)

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