**Getting Started**

**Initial CGM Settings for MDI and Pump Users**

<table>
<thead>
<tr>
<th>Setting</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low limit</td>
<td>70 mg/dL</td>
</tr>
<tr>
<td>Alert before low</td>
<td>OFF</td>
</tr>
<tr>
<td>Alert on low</td>
<td>OFF</td>
</tr>
<tr>
<td>Rate Alert</td>
<td>OFF</td>
</tr>
<tr>
<td>Snooze</td>
<td>20 minutes</td>
</tr>
<tr>
<td>High limit</td>
<td>250 mg/dL</td>
</tr>
<tr>
<td>Alert before high</td>
<td>OFF</td>
</tr>
<tr>
<td>Alert on high</td>
<td>OFF</td>
</tr>
<tr>
<td>Rate Alert</td>
<td>OFF</td>
</tr>
<tr>
<td>Snooze</td>
<td>2 hours</td>
</tr>
</tbody>
</table>

**Bolus Adjustment Guidelines Using Trend Arrows**

<table>
<thead>
<tr>
<th>Trend Arrows</th>
<th>Recommended Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>↑ ↓</td>
<td>1 to &lt;2 mg/dL per minute change in glucose</td>
</tr>
<tr>
<td>↑↑ ↓↓</td>
<td>2 to &lt;3 mg/dL per minute change in glucose</td>
</tr>
<tr>
<td>↑↑↑ ↓↓↓</td>
<td>3+ mg/dL per minute change in glucose</td>
</tr>
</tbody>
</table>

**Patients using mealtime insulin** can be taught to adjust doses based on the on-screen trend arrows.

- No arrows: No change in dose
- ↓: Decrease dose by 10%
- ↓↓ OR ↓↓↓: Decrease dose by 20%
- ↑: Increase dose by 10%
- ↑↑ OR ↑↑↑: Increase dose by 20%

If fingerstick BG is low before meal, instruct patient:

- Do not bolus while glucose is low.
- Treat the hypoglycemia.
- After treating the hypoglycemia and the glucose is within target, calculate the bolus to cover the meal.

**Important Safety Information — Guardian™ Connect System**

The Guardian™ Connect system requires a prescription and is indicated for continuous or periodic monitoring of glucose levels in the interstitial fluid under the skin, in patients (14 to 75 years of age) with diabetes mellitus. The system is intended to complement, not replace, information obtained from standard blood glucose monitoring devices, and is not recommended for people who are unwilling or unable to perform a minimum of two meter blood glucose tests per day, or for people who are unable or unwilling to maintain contact with their healthcare professional. The system requires a functioning mobile electronic device with correct settings. If the mobile device is not set up or used correctly, you may not receive sensor glucose information or alerts. For complete details of the system and its components, including warnings, contraindications, and precautions, please consult the user guide at [http://www.medtronicdiabetes.com/support/download-library/user-guides](http://www.medtronicdiabetes.com/support/download-library/user-guides) and [www.medtronicdiabetes.com/importantsaftyinformation](http://www.medtronicdiabetes.com/importantsaftyinformation).

**Important Safety Information — CareLink™ Software**

The CareLink™ software is intended for use as a tool to help manage diabetes. The purpose of the software is to take information transmitted from insulin pumps, glucose meters and continuous glucose monitoring systems, and turn it into CareLink™ reports. The reports provide information that can be used to identify trends and track daily activities—such as carbohydrates consumed, meal times, insulin delivery, and glucose readings. NOTE: CareLink™ report data is intended for use as an adjunct in the management of diabetes only and NOT intended to be relied upon by itself. Patients should consult their healthcare providers familiar with the management of diabetes prior to making changes in treatment. For more details, please consult [http://www.medtronicdiabetes.com/importantsaftyinformation](http://www.medtronicdiabetes.com/importantsaftyinformation) and the appropriate CareLink™ User Guide at [http://www.medtronicdiabetes.com/support/download-library/user-guides](http://www.medtronicdiabetes.com/support/download-library/user-guides).
GUARDIAN™ CONNECT SYSTEM
Continuous Glucose Monitoring Therapy

FOLLOW UP

IF GOALS ARE NOT MET, ASSESS PATIENT'S MEDICATIONS AND BEHAVIORS

Time ABOVE Range is HIGH
Use Sensor & Meter Overview report to evaluate:
- Pre-prandial glucose: if rise occurs, counsel patient on bolusing earlier before meal
- Post-prandial glucose: if glucose is rising more than 30–60 mg/dL, assess oral medications, GLP-1, and/or mealtime bolus insulin
- Fasting glucose: assess bedtime glucose and behaviors, oral and injectable medications, basal insulin

Time BELOW Range is HIGH
Use Sensor & Meter Overview report to assess:
- Amount and/or timing of oral medications
- Basal insulin dose
- Amount and/or timing of bolus insulin
- Inconsistent food intake
- Exercise
- Alcohol consumption

If Sensor Use is < 85%
- Educate on sensor use and care
- Explore reasons for underuse

GOALS

> 70% Time in Range
< 7.0% Adults (< 53 mmol/mol)
< 7.5% Peds (<58 mmol/mol)
< 4% Time Below 70mg/dL
< 1% Time below 54 mg/dL
≥ 85% Sensor Use

CAUTION: Ensure accurate rapid acting + long acting insulin and carbohydrates are entered into app before interpreting subjective data.