You may request literature about Medtronic Therapies from medtronic.com. We encourage you to carefully review the information on the website, and to discuss therapy options with your doctor.

**Important Safety Information**

**Medtronic Bladder Control Therapy delivered by the InterStim™ system** treats urinary retention (inability to completely empty the bladder) and the symptoms of overactive bladder, including urinary urge incontinence (leakage) and significant symptoms of urgency-frequency. It should be used after you have tried other treatments such as medications and behavioral therapy and they have not worked, or you could not tolerate them. This therapy is not intended for patients with a urinary blockage.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 16; or for patients with neurological disease origins.

**Medtronic Bowel Control Therapy delivered by InterStim™ system** treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them. Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

**Medtronic Bladder Control Therapy and Medtronic Bowel Control Therapy:** You must demonstrate an appropriate response to the evaluation to be a candidate. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim™ device.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic’s website at www.medtronic.com.

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**WE'RE HERE FOR YOU**

The Ambassador Program is only one way we support you throughout your journey.

Go to [medtronic.com/bladder](https://medtronic.com/bladder) or [medtronic.com/bowel](https://medtronic.com/bowel) to learn more about the experiences of others.

Watch interviews with people living with these therapies on our Medtronic Bladder Control and Bowel Control channels on YouTube.

**Talk with your doctor** about the improvements you can expect with this therapy.

And if you and your doctor decide you’re ready to try the therapy, the Medtronic Support Link™ team will help you through the process.

**WE’LL BE WITH YOU EVERY STEP OF THE WAY**

Kathleen H.
Receiving Medtronic Bladder Control Therapy
If you’re thinking about Medtronic Bladder Control or Bowel Control Therapy delivered by the InterStim™ system, you probably have a lot of questions.

- What is the evaluation like?
- How will I feel after the procedure?
- How will my life be different with this therapy?
- How is this therapy different than other options?

People living with this therapy have answers. And they’re ready to talk with you through the Ambassador Program.

UNDERSTAND THE EXPERIENCE

Connect with a volunteer who has a similar condition and who’s willing to share their experience with Medtronic Bladder Control or Bowel Control Therapy. They can speak candidly about the evaluation, the procedure and their results.

Requesting a call is easy as 1-2-3

1. Visit InterStimAmbassadors.com or call 1-800-664-5111 between 8:00 a.m. and 5:00 p.m. (CT), Monday to Friday.
2. Answer a few questions about your symptoms.
3. Provide your contact details.

Medtronic will find an Ambassador to call you at a scheduled time. The call usually lasts about 20 minutes. There is no cost to participate.

MAKE THE DECISION THAT’S RIGHT FOR YOU

The Ambassador Program allows you to talk to someone who is experiencing the therapy, but it does not offer medical advice, technical support, or replace conversations with your doctor. Please keep in mind that individual results will vary, so talk with your doctor about whether a Medtronic Therapy is right for you.

Who are Ambassadors?

- Ambassadors are volunteers, not Medtronic employees.
- Ambassadors’ comments relate to their particular experience only.
- Medtronic does not monitor or control, and cannot be responsible for an ambassador’s statements.

“My Ambassador was very kind, caring and candid. She answered my questions and calmed my fears.”

- Donna L.

Ambassadors are instructed not to disclose your personal information to others, but we cannot guarantee this will not happen. Therefore, we encourage you to refrain from sharing your personal information with the ambassador unless you wish to do so.