

# TRACK YOUR PROGRESS.

Use the weekly tracker to record your experience with Medtronic Bladder Control Therapy delivered by the NURO™ System. This tracker helps detail your results. Consider using the “notes” section to track your leaks, voids, and pads during the week. At the last weekly session, the details in the tracker will be important when you and your clinician determine next steps in your treatment program. Remember, the therapy takes time to work. **Stick with it!**

Learn more at [Medtronic.com/OABsenior](https://www.Medtronic.com/OABsenior)

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## YOUR WEEKLY TRACKER

Rank your symptoms each week compared to before you received treatment (☹ being worse, 😐 being the same, and 😊 being much better than expected). **Review this tracker with your clinician at each visit.**

WEEKS	TREATMENT DATE	HOW ARE YOUR SYMPTOMS?			NOTES
		☹ Worse	😐 Same	😊 Better	
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Clinician Contact Information: \_\_\_\_\_

**Medtronic NURO™ Percutaneous Tibial Neuromodulation (PTNM)** treats overactive bladder and associated symptoms of urinary urgency, urinary frequency, and urge incontinence. PTNM is not intended for patients with pacemakers or implantable defibrillators, patients prone to excessive bleeding, patients with nerve damage that could impact either percutaneous tibial nerve or pelvic floor function, or on patients who are pregnant or planning pregnancy. Do not use if the skin in the area of use is compromised. Exercise caution for patients with heart problems. Adverse events are typically temporary, and include mild pain, minor inflammation and bleeding near treatment site. This therapy is not for everyone. Please consult your physician to decide whether PTNM is right for you. A prescription is required. For further information, please call Medtronic at 1-800-328-0810.

USA Rx Only Rev 0915

**Medtronic**

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