ACHIEVE LASTING BOWEL CONTROL

THERE'S ANOTHER CHOICE

Medtronic Bowel Control Therapy
Delivered by the InterStim™ System

Medtronic
Further, Together
YOU’RE NOT ALONE

Bowel control problems affect millions of Americans. If you’re one of them, you know how much chronic fecal incontinence (Fl) can interrupt your life.

You may have tried changing your diet. Or physical therapy. Or medications. But the results just aren’t what you hoped.

Don’t give up. You have another choice.

More than 20 million adults in the U.S. are living with Fl.\textsuperscript{1,2}
That’s why more conservative treatments may not produce the results you want — they don’t target the miscommunication between your bowel and brain.

Medtronic Bowel Control Therapy delivered by the InterStim™ system is thought to correct the bowel-brain communication pathway to help control the symptoms of FI.⁴

“Thanks to the InterStim system, I’ve been able to fully embrace the activities I love.”

- Judy M.
LESS WORRY  
MORE LIVING

Medtronic Bowel Control Therapy delivered by the InterStim™ system controls the symptoms of FI by gently stimulating the sacral nerves. It’s sometimes called sacral neuromodulation (SNM). With this therapy, you may experience fewer accidents and more confidence as you get back to the activities you enjoy.\textsuperscript{5}

InterStim™ is not approved for pediatric use.
Choose a safe and proven approach

89% of people using Medtronic Bowel Control Therapy experienced long-term success.

Quality of life improvements (lifestyle, ability to cope, embarrassment, and depression) were significant.

The most common adverse events were: implant site pain, paresthesia, change in sensation of stimulation, implant site infection, urinary incontinence, neurostimulator battery depletion, diarrhea, pain in extremity, undesirable change in stimulation, and buttock pain.

* Success defined as ≥ 50% reduction of episodes/week. This patient group had data at both baseline and the five-year visit. Another analysis reported 69% of people achieved success with Medtronic Bowel Control Therapy. For this patient group, missing data at five years because of a device-related reason was counted as failure or if it was missing for non-device related reasons, the most recent data was carried forward.
Unlike other bowel control treatments, our therapy lets you try it first before you make a long-term commitment. It’s called an evaluation.

**HERE’S HOW IT WORKS:**

- The simple evaluation starts at your doctor’s office or an outpatient center.
- A lead (thin wire) is inserted in the upper part of your buttock.
- The lead attaches to a small external device worn discreetly under your clothes.
- Stop, start, or adjust the therapy with an easy-to-use controller.
- Go about most of your regular activities for up to 14 days.
- Track your symptoms to see if they improve.

Complications can occur with the evaluation, including movement of the wire, technical problems with the device, and some temporary pain. Your doctor or nurse will show you how to use the system and inform you of any activity restrictions and other precautions related to the evaluation.
DECIDE TOGETHER
WHAT’S BEST FOR YOU

After your evaluation, talk to your doctor about the results.
Did it feel successful?
Did you see symptom improvement?
Together, you and your doctor will decide if the long-term therapy is the right choice. If it is, your evaluation device can be replaced with an implantable device called a neurostimulator during a short, outpatient procedure.
Bowel control therapy has risks similar to any surgical procedure. Discuss the benefits and potential risks with your doctor.
WHY IS THIS THERAPY DIFFERENT?
You can try it before you decide, and it's reversible if you change your mind later.

WHAT CAN THIS THERAPY DO FOR ME?
It can significantly improve quality of life by reducing your symptoms. It’s proven to work in people who have chronic FI.5

WHAT DOES THE STIMULATION FEEL LIKE?
Most people describe it as a slight pulling, tingling, or fluttering sensation in the pelvic area. It should not be painful. Stimulation settings can be adjusted, and sensations will vary from person to person.

DOES THE THERAPY WORK LONG TERM?
This therapy significantly improves quality of life for people with chronic FI treated for five years.5 Your experience may be different.

WILL IT CURE MY CONDITION?
No. It can help some people achieve complete continence, but it’s not a cure. If the neurostimulator is turned off or removed, symptoms can return.

WILL INSURANCE COVER THE COSTS?
Medicare and many private insurance companies cover this therapy. Talk to your doctor to learn more about your insurance coverage.

Implanting an InterStim™ system has risks similar to any surgical procedure, including swelling, bruising, bleeding, and infection. Talk with your doctor about ways to minimize these risks.
SUPPORT PROGRAM AGREEMENT

By completing and submitting this form, you are granting Medtronic permission to add your personal information, including your contact information and basic healthcare information, to its patient database, and to share that information with Medtronic representatives and healthcare providers as appropriate. We may conduct analyses on information collected in order to make improvements to and provide training on our operations, products, services, and customer communications. Medtronic may de-identify data collected, combining it with data collected from other sources. Lastly, information provided may be shared with your physician for treatment considerations or other purposes. You also agree to being contacted by Medtronic in the future by mail, telephone or by non-password protected electronic communications, such as emails or text messages. Medtronic may exchange information with you regarding our products or services, inquire about your experience, or determine how Medtronic can support you through your journey.

Medtronic respects the confidentiality of your personal information. If at any time you wish to revoke all or part of this permission, you can email us at rs.neuropatientsupport@medtronic.com or send a request in writing to: Medtronic Patient Support, 7000 Central Ave NE, RCE 230, Minneapolis, MN 55432. This permission will expire 10 years after the date of your signature.†

Please read our complete privacy policy here: http://www.medtronic.com/us-en/privacy-statement.html

Your contact information. Please print.

Patient First Name: _________________________________ Last Name: _________________________________

Caregiver First Name (if applicable): ____________________ Last Name: ________________________________

Address 1: __________________________________________________________________________________

Address 2: __________________________________________________________________________________

City:________________________________________________ State:_________ ZIP:___________________

Phone:______________________________ Mobile Phone:* ________________________________

Email:** _____________________________________________________________________________________

Patient’s Physician Name: ____________________________ Clinic Name: ____________________________

Patient Signature: ______________________________________________________ (if 18 years old or older)

Caregiver Signature (if applicable): ______________________________________ Date: __________________

To submit this form, please mail it to 7000 Central Ave. NE, RCE230, Minneapolis, MN 55432-9987, or fax it to 1-800-892-7708.
To receive a copy of this consent, please call 1-800-872-8287, or email us at rs.neuropatientsupport@medtronic.com.
Let us know how you would like to receive it (email, mail, or fax).

†If you live in Maryland, the consent expires automatically in one year. We may contact you then to see if you would like to renew it.

*Message and data rates may apply. Text STOP to 69301 to stop receiving Medtronic therapy reminders. Compatible carriers include: Verizon Wireless, AT&T, Sprint, Boost, Virgin Mobile USA, T-Mobile, Metro PCS. Medtronic respects your right to privacy. T-Mobile is not liable for delayed or undelivered messages.

**It is important to provide your email address as communications will be sent to you electronically.

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WHAT HAPPENS NOW?

If you are interested in this therapy, here are five ways to learn more.

1. **Talk to an ambassador who uses it** by visiting InterStimAmbassadors.com or calling (800) 664-5111.

2. **Watch a patient testimonial** at medtronic.com/youtubebowel.

3. **Go to medtronic.com/bowel** for a variety of helpful resources.

4. **Try the evaluation** so you and your doctor can make a decision based on your results.

5. **Connect with a Support Link™ specialist** who can answer your questions during your evaluation.
**Medtronic Bowel Control Therapy delivered by the InterStim™** system treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

You must demonstrate an appropriate response to the evaluation to be a candidate. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim™ device.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic’s website at www.medtronic.com.

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