Medtronic Bowel Control Therapy delivered by the InterStim™ system treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them. You must demonstrate an appropriate response to the evaluation to be a candidate. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim™ device.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases. In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling). This therapy is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic’s website at www.medtronic.com.

Are you ready for a different approach?

✓ Have you tried diet changes, physical therapy, or medications?
✓ Have you been frustrated by side effects or unsatisfied with the results?

Achieve lasting control with Medtronic Bowel Control Therapy delivered by the InterStim™ system.³

References
KNOW YOU'RE NOT ALONE

Fecal incontinence (FI) affects more than 20 million American adults.¹²

As someone affected by FI, you know just how much it interrupts your life. But it doesn’t have to be this way. You have an option for long-term relief.³

CHOOSE A SAFE AND PROVEN APPROACH

Medtronic Bowel Control Therapy delivered by the InterStim™ system is also known as sacral neuromodulation (SNM). It restores* bowel function by delivering mild electrical pulses to the sacral nerves.⁴

These electrical pulses are thought to normalize the bowel-brain communication pathway — an issue other treatments may not address. Miscommunication between the bowel and brain may be the cause of your bowel control problems.

89% of people using Medtronic Bowel Control Therapy experienced long-term success.³†

People using physical therapy, medications, or diet changes to control their bowel symptoms often see no significant improvement.⁵

BOWEL CONTROL THERAPY AT-A-GLANCE

- Try the therapy first with an office-based evaluation.
- Experience bowel control superior to diet changes, physical therapy, or medications.⁵
- Visit medtronic.com/bowel and medtronic.com/youtubebowel for more information and resources. You’ll also have the opportunity to talk with someone living with the therapy.

Safety information

The most common adverse events include: implant site pain, paresthesia, change in sensation of stimulation, implant site infection, urinary incontinence, neurostimulator battery depletion, diarrhea, pain in extremity, undesirable change in stimulation, and buttock pain.

* Defined as a 50% or greater reduction in your troublesome bowel symptoms.
† This patient group had data at both baseline and the five-year year visit. Another analysis reported 69 percent of people achieved success with Medtronic Bowel Control Therapy. For this patient group, missing data at five years because of a device-related reason was counted as failure or, if it was missing for non-device-related reasons, the most recent data was carried forward.