

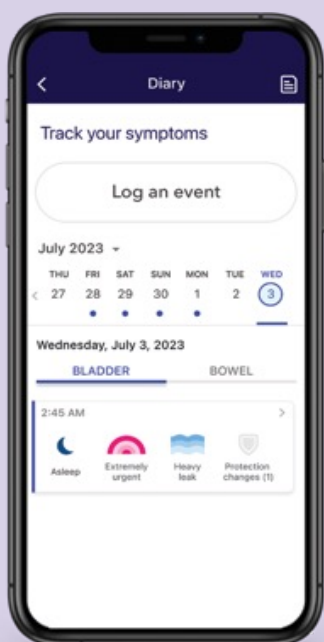
Your companion for education and
symptom tracking to support you along
your journey

Begin your
bladder and bowel
management
journey with a
guide by your side

Medtronic
MyJourney™



Medtronic
MyJourney™



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It was a lot easier documenting
my symptoms on my phone
using the MyJourney™ app
versus a piece of paper. I would
recommend this to anyone else
going through this experience.

-Rebecca

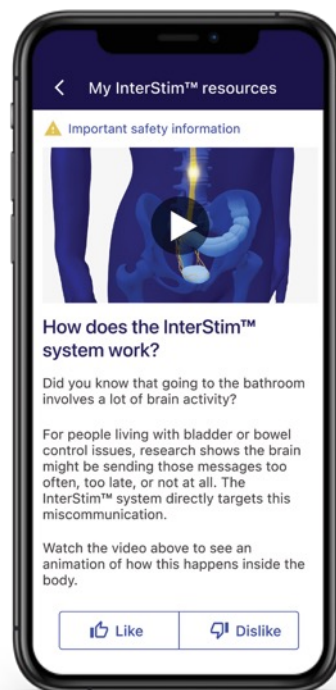
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Welcome to the MyJourney™ app by Medtronic

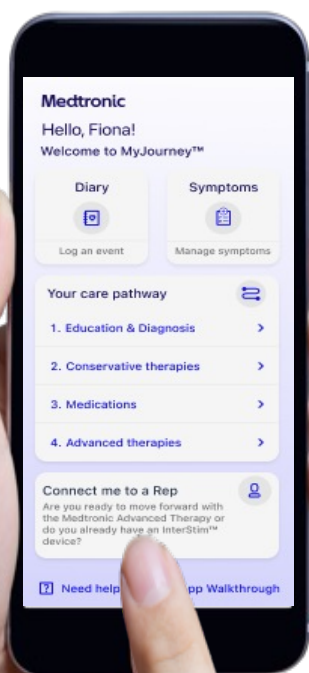
The one place to go when you need to know

Now with the MyJourney™ app, you can find timely, personalized information to help you make informed decisions along your journey.

- Use the app's diary to **easily track your symptoms** to support meaningful conversations with your healthcare provider.
- **Watch walkthrough videos and read educational content** to find the personalized answers you need in one simple app.
- Create and share reports ahead of your appointment to **facilitate better discussions**.
- The MyJourney™ app is designed to be **easy to use** and **Medtronic app support is just one call away**.



There are many ways you can get access



1. Search for "MyJourney™ by Medtronic" on your device's app store



2. Use your cellphone camera to scan this QR code



3. Visit medtronic.com/MyJourneyApp

When you are finally ready to move forward with your InterStim™ journey, make sure to click on the **"Connect me to a Rep"** button.