Medtronic

Prepare for your doctor visit

The following are questions that you can ask your doctor about your atrial fibrillation (AFib) during your next appointment.



AFib questions you could ask your doctor:

- 1. Are the symptoms I'm experiencing caused by my AFib?
 - a. How can we tell which symptoms are related to my AFib and which are not?
- 2. I understand that many patients don't feel symptoms but still have AFib. How can I find out if this is happening to me?
- 3. Should I still be worried about my AFib if I don't feel symptoms?
 - a. Do my risks from AFib change whether I feel symptoms or not?
- 4. How will we know if my treatments are working?
- 5. How will we know if my AFib is getting worse?
- 6. Can I make a change to my daily medication plan, including blood thinners, rate and rhythm control medications?
 - a. If so, how will you know when I'm safe to do so?
 - b. How will we know I if should restart or increase any medications that have been stopped or the dose was reduced?

- 7. How will we know if I should consider a new treatment plan?
- 8. Will I need a medical procedure to treat my AFib?
 - a. What information do you use to make this recommendation?
 - b. Would looking at my heart rhythm over a longer period give you better information?
 - c. What are the risks and benefits of a medical procedure to treat AFib?
- 9. Could an insertable heart monitor help us better understand what is happening with my AFib?
 - a. What would be the benefits and drawbacks for me?

Talk to your doctor about your symptoms and the benefits and risks of cardiac monitoring.

The content of this document is meant for informational purposes only and is not intended to be a substitute for professional medical advice, diagnosis, or treatment in any manner.

Long-term cardiac monitoring is prescribed by your physician and is not for everyone. Please talk to your doctor to see if it is right for you. Your physician should discuss all potential benefits and risks with you. Although many patients benefit from long-term monitoring, results may vary. For further information, please call the Medtronic toll-free number at 1-800-551-5544 (7:00 a.m. to 6:00 p.m., Monday-Friday, Central Time) or see the Medtronic website at Medtronic.com/HeartMonitorISI.

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