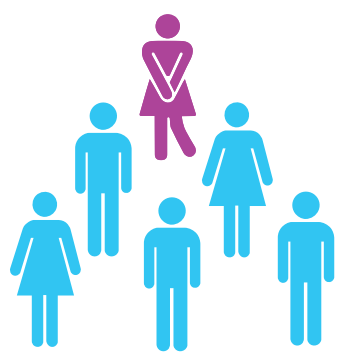


# Medtronic

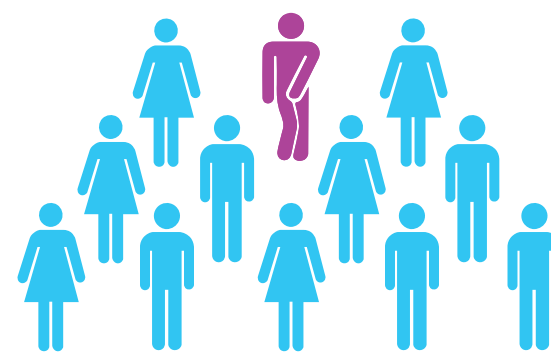
If bladder and bowel accidents keep you from enjoying the activities you love, **you're not alone.**



**1 in 6**

adults suffers from overactive bladder symptoms<sup>1</sup>

- Frequent urination – day, night, or both
- Sudden or strong urge to urinate
- Leakage with little or no warning – sometimes unable to make it to the bathroom in time
- Unable to completely empty bladder



**1 in 12**

adults suffers from bowel incontinence<sup>2,3</sup>

- Accidental bowel leakage
- Bowel accidents while unaware or with no warning
- Wiping clean then later finding traces of bowel leakage
- Sudden or strong urge to go to the bathroom
- Bowel accidents when passing gas



Even when medications may fail, have hope: life-changing therapies are out there.

**Ask your doctor if the InterStim™ system is right for you.**

Access our discussion guide at [medtronic.com/interstimresources](https://www.medtronic.com/interstimresources)

**Medtronic bladder control therapy delivered by the InterStim™ system** treats urinary retention (inability to completely empty the bladder) and the symptoms of overactive bladder, including urinary urge incontinence (leakage) and significant symptoms of urgency-frequency. It should be used after you have tried other treatments such as medications and behavioral therapy and they have not worked, or you could not tolerate them. This therapy is not intended for patients with a urinary blockage.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 16; or for patients with neurological disease origins.

**Medtronic bowel control therapy delivered by InterStim™ system** treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

**Medtronic bladder control therapy and Medtronic bowel control therapy:** You must demonstrate an appropriate response to the evaluation to be a candidate. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim™ device.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This treatment is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at [www.medtronic.com](https://www.medtronic.com).

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1. Stewart WF, Van Rooyen JB, Cundiff GW, et al. Prevalence and burden of overactive bladder in the United States. *World J Urol.* 2003;20(6):327-336. 2. Whitehead WE, Borrud L, Goode PS, et al. Fecal incontinence in US adults: epidemiology and risk factors. *Gastroenterol.* 2009;137(2):512-517. 3. Ditah I, Devaki P, Luma HN et al. Prevalence, trends, and risk factors for fecal incontinence in United States adults, 2005-2010. *Clin Gastroenterol Hepatol.* 2014;12:636-643.

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