

Are you ready for a different approach?

- ✓ Have you tried diet changes, physical therapy, or medications?
- ✓ Have you been frustrated by side effects or unsatisfied with the results?

Discover what lasting relief looks like with Medtronic Bowel Control Therapy delivered by the InterStim™ systems.³



References

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3. Hull T, Giese C, Wexner SD, et al. Long-term Durability of Sacral Nerve Stimulation Therapy for Chronic Fecal Incontinence. *Dis Colon Rectum*. 2013; 56(2):234-45.
4. Patton V, Wiklendt L, Arkwright JW, Lubowski DZ, Dinning PG. The effect of sacral nerve stimulation on distal colonic motility in patients with fecal incontinence. *Br J Surg*. 2013;100:959-968.
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Medtronic Bowel Control Therapy delivered by the InterStim™ system treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

You must demonstrate an appropriate response to the evaluation to be a candidate. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim™ device.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at www.medtronic.com.

USA Rx Only. Rev 0517

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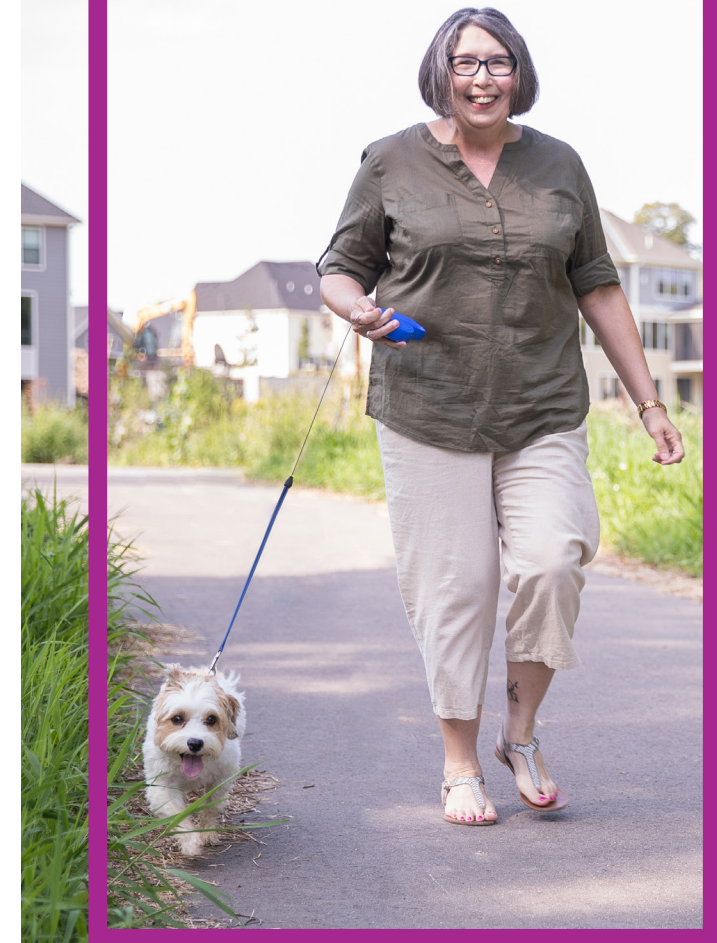
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Decide if Medtronic Bowel Control Therapy is right for you



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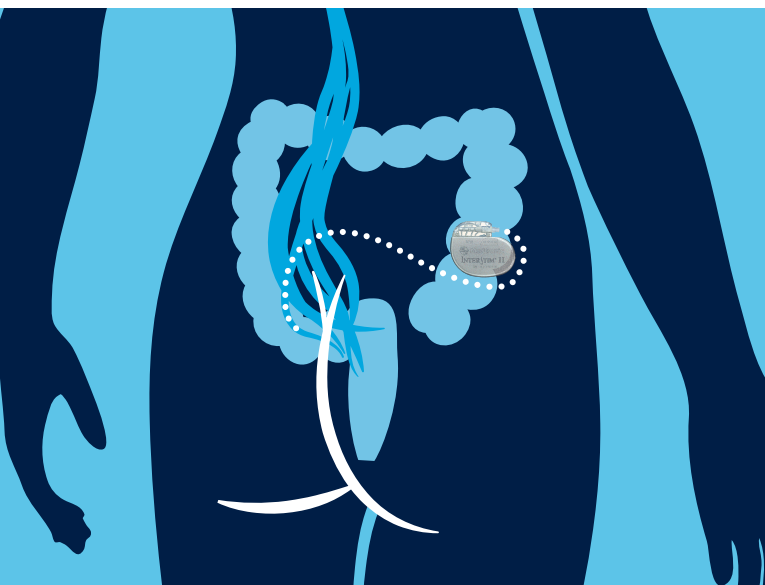
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KNOW YOU'RE NOT ALONE

Fecal incontinence (FI) affects more than **20 million** American adults.^{1,2}

As someone affected by FI, you know just how much it interrupts your life. But it doesn't have to be this way. You have an option for long-term relief.³



CHOOSE A SAFE AND PROVEN APPROACH

Medtronic Bowel Control Therapy delivered by the InterStim™ systems is also known as sacral neuromodulation (SNM). It restores* bowel function by delivering mild electrical pulses to the sacral nerves.⁴

These electrical pulses are thought to normalize the bowel-brain communication pathway — an issue other treatments may not address. Miscommunication between the bowel and brain may be the cause of your bowel control problems.

89% of people using Medtronic Bowel Control Therapy experienced long-term success.^{3*†}

People using physical therapy, medications, or diet changes to control their bowel symptoms often see no significant improvement.⁵

* Defined as a 50% or greater reduction in your troublesome bowel symptoms.

† This patient group had data at both baseline and the five-year year visit. Another analysis reported 69% of people achieved success with Medtronic Bowel Control Therapy. For this patient group, missing data at five years because of a device-related reason was counted as failure or, if it was missing for non-device-related reasons, the most recent data was carried forward.



BOWEL CONTROL THERAPY AT-A-GLANCE

- Experience bowel control superior to diet changes, physical therapy, or medications.⁵
- Say yes to the test — try the therapy first with an office-based evaluation.
- Choose between the convenience of the recharge-free InterStim™ II system or the small size and longer-lasting performance of the rechargeable InterStim™ Micro system. Medtronic lets you and your doctor decide which device best fits your lifestyle.
- Visit [medtronic.com/bowel](https://www.medtronic.com/bowel) or text **CONTROL to 858858** for more information and resources.

Safety information

The most common adverse events include: implant site pain, paresthesia, change in sensation of stimulation, implant site infection, urinary incontinence, neurostimulator battery depletion, diarrhea, pain in extremity, undesirable change in stimulation, and buttock pain.

Message and data rates may apply. Frequency of messages maybe up to twice per month. Text STOP to opt out and HELP for help. Visit [medtronicpelvichealth.com/sms_terms.pdf](https://www.medtronicpelvichealth.com/sms_terms.pdf) for privacy information and terms.