



# Altaviva™

implant for bladder control  
by **Medtronic**



Preparing to talk to your doctor  
about the Altaviva™ device for  
urge urinary incontinence (UUI)

## Before your appointment

**Gather information that will help your doctor understand your situation.** Consider your answers to these questions:

- Do bladder control issues occupy your thoughts?
- Are you afraid of being too far away from a restroom?
- Do you turn down invitations from friends or family because you're afraid you'll experience incontinence?
- If you're already receiving treatment, is it helping you find the relief you need?

## During your appointment

**Talk with your doctor about your condition**, the treatment options available to you, and the pros and cons of each. Ask your doctor these questions:

- Is what I'm experiencing common?
- How many people with this condition have you treated?
- What treatment options are available, and which of those have you found to be most successful?

## For each treatment option, ask:

- What results could I expect?
- How long do the results last?
- Does it lose effectiveness over time?
- What are the risks and benefits?
- What is the cost and will my insurance cover it?
- If that treatment is not successful, what is my next option?

## When discussing the Altaviva™ device with your doctor, consider mentioning:

1. Your current symptoms and how they affect your daily life.
2. Previous treatments you've tried and their effectiveness.
3. Your interest in exploring the Altaviva™ device as a new option for managing your UUI symptoms

# Trusted care for the journey ahead

The Altaviva™ device is the latest innovation from Medtronic, the leader in neuromodulation for bladder and bowel control. We pioneered the first neuromodulation device for the bladder over three decades ago and continue to innovate, delivering products that are safe, effective, and may help improve your quality of life.<sup>1-5</sup> **When you get a device from Medtronic, you are getting the backing of a company whose therapies improve the lives of two patients every second of every hour of every day – and counting.**

1. Appendix B: Clinical Study Summary. M028929C001 RevC - Clinician Therapy and Programming Guide Altaviva™ Model P7850N.
2. Kobashi K, Nitti V, Margolis E, et al. A prospective study to evaluate efficacy using the NURO percutaneous tibial neuromodulation system in drug-naïve patients with overactive bladder syndrome. *J Urol*. 2019;131:77-82.
3. Siegel S, Noblett K, Mangel J, et al. Five-year follow-up results of a prospective, multicenter study of patients with overactive bladder treated with sacral neuromodulation. *J Urol*. 2018;199(1):229-236
4. Medtronic InterStim Clinical Summary 2018.
5. Hull T, Giese C, Wexner SD, et al. Long-term durability of sacral nerve stimulation therapy for chronic fecal incontinence. *Dis Colon Rectum*. 2013;56(2):234-245.

## Important Safety Information

Medtronic Altaviva™ tibial neuromodulation system treats urge urinary incontinence (leakage). It should be used after you have tried other treatments such as medications and behavioral therapy, and they have not worked or you could not tolerate them.

This therapy is not for everyone. The Altaviva™ system is contraindicated (not allowed) for patients who are poor surgical candidates including patients with open wounds, sores, or damaged skin near the treatment area; current or recent history of poor blood circulation in the legs or open sores on the legs from circulation problems; physical changes or previous surgeries where the Altaviva™ device is placed. You must be able to operate or receive assistance in operating the system to be a candidate.

This therapy is not intended for patients who: are not good candidates for surgery or have conditions that make it hard to heal from wounds (such as uncontrolled diabetes, swelling in the lower leg, or nerve problems in the leg); have metal implanted within 5 cm of where the Altaviva™ device would be placed; have a current or unresolved blockage in the urinary tract caused by things like an enlarged prostate, cancer, or urethral narrowing; are allergic to any materials in the Altaviva™ device. The Altaviva™ system may affect or be affected by other implanted medical devices, including pacemakers and defibrillators. Talk to your doctor if you have a pacemaker or other implanted devices. You cannot have diathermy (deep heat treatment using shortwave or microwave electromagnetic energy) if you have an Altaviva™ device. Do not place the charger or ankle band on broken or unhealed skin. Safety and effectiveness have not been established for pregnancy; patients under the age of 18; patients with progressive, systemic neurologic disease; patients with history of urinary retention, or bilateral stimulation.

In addition to risks related to surgery, complications can include pain at the implant site or lower leg pain, infection, wound complications, nerve injury, movement of the implant, undesirable change in bowel or bladder function, uncomfortable or unintended stimulation sensations, unexpected shocking sensation, loss of therapeutic effect, discomfort when recharging, or technical or device problems.

This therapy is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary.

For complete safety information about this treatment, please visit the Medtronic website at [www.medtronic.com](http://www.medtronic.com).

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