

Sample – discharge instructions



Discharge instructions after ablation of Barrett's esophagus using the Barrx™ radiofrequency ablation system

Representative discharge instructions

The following is a representation of the discharge instructions used for the Coagulation of Intestinal Metaplasia Trial (AIM-II) in the Barrx™ RFA catheters instructions for use. These instructions are not meant to replace physician's medical judgement. Instructions provided to the patient are the responsibility of the physician.

- Maximize anti-secretory regimen (for example, use of esomeprazole or Nexium™* 40 mg twice per day for 1-3 months, followed by at least 40 mg per day thereafter)
- Antacid/lidocaine mixture per oral prn
- Liquid acetaminophen with or without codeine per oral prn
- Anti-emetic medication per rectum prn
- Full liquid diet for 24 hours, then advancing to soft diet for 7 days
- Avoid aspirin or non-steroidal anti-inflammatory medications for 7 days (per physicians' instructions)
- Patient instructed to contact treating physician immediately for significant chest pain, difficulty swallowing, fever, bleeding, abdominal pain, difficulty breathing, vomiting or other warning signs provided by the physician.
- If the patient seeks care for a digestive issue from any healthcare professional in the six months following the ablation treatment, the treating physician should be consulted first.

The information provided is intended only as a guide or sample for healthcare professionals who provide instructions for patients after ablation of esophageal tissue. This information is not intended to instruct the healthcare professional in practice of medicine and should not replace professional judgment. It is the healthcare professionals' responsibility to create their own version of this information according to individual patient requirements, facility policy, and standard of care.



For questions regarding this sample form, contact your local Medtronic representative or call Toll Free 1-800-448-3644, opt. 2

Caution: Federal law restricts this device to sale by or on the order of a licensed healthcare practitioner. Rx only.

Risk Information: The following are the transient side effects that may be expected after treatment: Chest pain, difficulty swallowing, painful swallowing, throat pain and/or fever. Potential complications include: mucosal laceration, minor or major bleeding, endoscopic clipping to manage mucosal laceration or bleeding, perforation of the stomach, esophagus, or pharynx, surgery to manage perforation, esophageal stricture, endoscopic dilation to manage stricture, pleural effusion, transfusion secondary to major bleeding, cardiac arrhythmia, aspiration, infection and death.

Please refer to the product user manual or [medtronic.com/gi](https://www.medtronic.com/gi) for detailed information.