

# Discover relief the SINUVA™ sinus implant way

Talk with your doctor about how SINUVA™ (mometasone furoate) sinus implant may help you discover relief from your nasal polyp symptoms.

How does SINUVA™ sinus implant work to reduce nasal polyps?

Does SINUVA™ sinus implant provide relief from nasal polyp symptoms?

Can SINUVA™ sinus implant help me avoid the need for more sinus surgery?

Do you think SINUVA™ sinus implant is right for me?

How can I get started with SINUVA™ sinus implant?

How is SINUVA™ sinus implant different from other nasal polyp treatment options?

Do I have to remember to take SINUVA™ sinus implant?

What are the common side effects of SINUVA™ sinus implant?

 For more information, visit [SINUVA.com](https://www.sinuva.com).

## IMPORTANT SAFETY INFORMATION (continued)

### What are the possible side effects of SINUVA?

Serious side effects of SINUVA can include:

- **Local Nasal Adverse Reactions** including nosebleed and injury to nerves or blood vessels in the nose/sinus.

Please see additional important safety information on the back page.

## IMPORTANT SAFETY INFORMATION (continued)

Serious side effects of SINUVA (continued)

- **Serious allergic reactions** have happened in patients using mometasone furoate including rash, itching or swelling of the lips, face, tongue, and throat, and breathing problems. Call your doctor right away if you have any of these reactions.
- **Weakened immune system** that may increase your risk of infections. Avoid contact with people who have contagious diseases such as chickenpox or measles. Call your doctor right away if you have been near someone with chickenpox or measles.
- **Adrenal insufficiency** is a condition in which the adrenal glands do not make enough steroid hormones and can cause tiredness, weakness, nausea and vomiting and low blood pressure. Talk to your doctor if steroid effects such as Cushing Syndrome and adrenal suppression appear.

**The most common side effects** of SINUVA in clinical studies were bronchitis, cold symptoms, middle ear infections, headache, lightheadedness or dizziness, asthma, and nosebleeds. The following adverse reactions have been identified during post-approval use of the SINUVA sinus implant. These events include implant migration, lack of efficacy, nasal pain, headache, and nosebleeds.

Tell your doctor if you have any side effects that bother you or don't go away.

Risks related with the insertion and removal of SINUVA are similar to other endoscopic sinus procedures.

SINUVA is made from materials designed to soften over time and may fall out of the nose on its own as polyps decrease or if you sneeze or blow your nose forcefully. The implant will be removed 90 days after placement or earlier at your doctor's discretion

**Contact your doctor immediately** if you have any changes in vision, excessive nasal bleeding, symptoms of infection or symptoms suggesting that the implant has moved, such as irritation or a choking sensation in the back of the throat.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](https://www.fda.gov/medwatch), or call 1-800-FDA-1088.**

**For important risk and use information, please see Full Prescribing Information for SINUVA** attached to this document and available at [SINUVA.com](https://www.sinuva.com).

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# Discover more

Ask your doctor if SINUVA™ (mometasone furoate) sinus implant is right for you for relief from nasal polyp symptoms.

 For more information, visit [SINUVA.com](https://www.sinuva.com).



# Before your appointment

## Understand your experience with nasal polyps

To help you prepare for the conversation with your doctor, answer these questions and bring this guide with you to your next visit. This will help your doctor understand how your nasal polyp symptoms are impacting you and determine if SINUVA™ sinus implant is right for you.

1. What Chronic Rhinosinusitis with Nasal Polyps (CRSwNP) symptoms are you experiencing?

☐ Nasal congestion

☐ Nasal obstruction

☐ Reduced sense of smell

☐ Runny nose/nasal discharge

☐ Facial pain/pressure

☐ Other \_\_\_\_\_
2. How are these symptoms affecting you?\_\_\_\_\_
3. What treatment(s) have you taken in the past or are currently taking?

PastCurrent

☐

☐

Medicated intranasal rinses

☐

☐

Saline intranasal rinses

☐

☐

Steroid sprays

☐

☐

Oral steroids

☐

☐

Biologics

☐

☐

Antibiotics

☐

☐

Allergy medications

☐

☐

Other

4. Describe your experience with these treatments and the relief they have provided.

Medicated intranasal rinses

\_\_\_\_\_

\_\_\_\_\_

Saline intranasal rinses

\_\_\_\_\_

\_\_\_\_\_

Steroid sprays

\_\_\_\_\_

\_\_\_\_\_

Oral steroids

\_\_\_\_\_

\_\_\_\_\_

Biologics

\_\_\_\_\_

\_\_\_\_\_

Antibiotics

\_\_\_\_\_

\_\_\_\_\_

Allergy medications

\_\_\_\_\_

\_\_\_\_\_

Other

\_\_\_\_\_

\_\_\_\_\_

5. Have you had ethmoid sinus surgery?

☐ Yes

☐ No

If yes, would you consider another surgical procedure to treat your CRSwNP if recommended by your physician?

☐ Yes

☐ No

6. Are you interested in a treatment that takes a different approach in the delivery of the medicine to help shrink your nasal polyps and relieve your CRSwNP symptoms?

☐ Yes

☐ No

7. What are you looking for in a CRSwNP treatment option?

☐ Shrink nasal polyps with symptom relief

☐ Duration of nasal polyp symptom relief

☐ How often I have to take the treatment

☐ Avoiding another sinus surgery and/or sinus procedure

☐ Medication that treats my nasal polyps directly

☐ Something else \_\_\_\_\_
- # During your appointment

## Ask about SINUVA™ sinus implant
- SINUVA™ sinus implant is the first FDA-approved stent for the treatment of chronic rhinosinusitis (CRS) with nasal polyps in adult patients who have already had ethmoid sinus surgery. It is a non-surgical treatment option that can be placed in-office.
- SINUVA Indication & Important Safety Information**  
**Direct to Consumer Facing Materials**  
**INDICATION**  
SINUVA Sinus Implant is a prescription steroid-releasing implant indicated for the treatment of chronic rhinosinusitis with nasal polyps in adult patients 18 years or older who have had ethmoid sinus surgery.  
**Please see additional important safety information on the back page.**
- IMPORTANT SAFETY INFORMATION**  
**Who should not use SINUVA?**  
Do not use SINUVA if you are allergic to mometasone furoate or any of the ingredients of the implant.  
**Please see additional important safety information on the back page.**
- IMPORTANT SAFETY INFORMATION (continued)**  
**What should I tell my doctor before receiving SINUVA?**  
Before you receive SINUVA, tell your doctor about all medical conditions you have including nasal/sinus problems (such as nasal ulcers or trauma), eye problems (such as glaucoma or cataracts), or any untreated fungal, bacterial, or viral infections.  
**Please see additional important safety information on the back page.**