

Safety and effectiveness have not been established for bilateral stimulation; pregnancy, unborn fetus, and delivery; pediatric use under the age of 16; or for patients with neurological disease origins. The system may be affected by or adversely affect cardiac devices, electrocautery, defibrillators, ultrasonic equipment, radiation therapy, MRI, theft detectors/ screening devices, change in bowel or voiding function, and undesirable stimulation or sensations, including jolting or shock sensations. Patients should be assessed preoperatively for the risk of increased bleeding. For full prescribing information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at www.medtronic.com. Product technical manual must be reviewed prior to use for detailed disclosure.

Warnings/Precautions/Adverse Events:

Warning: This therapy is not intended for patients with mechanical obstruction such as benign prostatic hypertrophy, cancer, or urethral stricture.

Contraindications: Diathermy. Patients who have not demonstrated an appropriate response to test stimulation or are unable to operate the neurostimulator.
Sacral Neuromodulation delivered by the InterStim™ system for Urinary Control is indicated for the treatment of urinary retention and the symptoms of overactive bladder, including urinary urge incontinence and significant symptoms of urgency-frequency alone or in combination, in patients who have failed or could not tolerate more conservative treatments.

MORE UNDERSTANDING. LESS RELUCTANCE.

Sacral Neuromodulation for Bladder Control



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Muscle vs. Nerve

Past treatments haven't given you satisfactory results, which may be due to the way these treatments focus on the muscle rather than the nerves. They don't target the miscommunication between your bladder and your brain.

- Because bladder function involves both muscles and nerves, you may need something that addresses the **communication problem** between the bladder and the brain that can cause symptoms.

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Expectations

Medtronic Bladder Control Therapy is unique because it offers a simple evaluation to see if it's right for you.

- The evaluation is a minimally invasive procedure
- We will be looking to see if your troublesome bladder symptoms are reduced by at least 50%
- In as few as 3 days, you'll know if:
 - you're a candidate for long-term treatment
 - we simply need more information

D

Document Symptoms

It's important that you document your symptoms before and during your evaluation to help me understand if you see any improvements.

- I will provide you with a **Symptom Tracker** and I would like you to document your symptoms for a minimum of three days.
- Bring your **Symptom Tracker** back with you at your next appointment.

Tracking daily will help us determine if the therapy delivered by the InterStim™ system is right for you.

You will have 3 appointments scheduled:

- 1st appointment for a 20-minute, in-office procedure that allows you to try the therapy for a few days.
- 2nd appointment to remove the lead (thin wire) from your evaluation.
- 3rd appointment is the date for long-term therapy if you're a candidate or for an advanced evaluation if we need more information.

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Schedule

Here's a **brochure** explaining the in-office procedure and long-term therapy, as well as the **Symptom Tracker** we discussed to document your symptoms. For more information, visit medtronic.com/bladder.