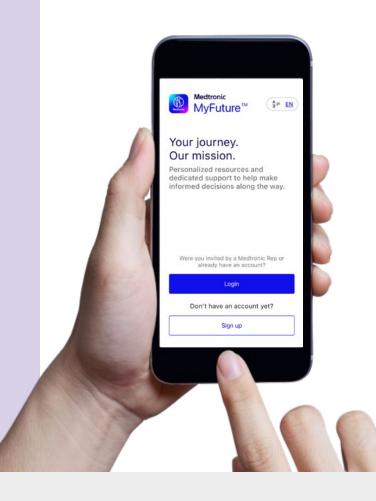
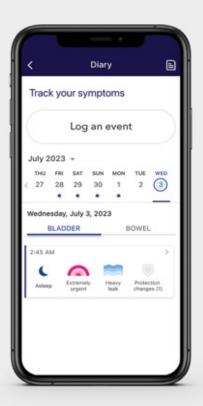




Navigate your bladder and bowel management journey with a guide by your side

Your companion for education and symptom tracking to support you along your journey





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It was a lot easier documenting my symptoms on my phone using the MyFuture<sup>™</sup> app versus a piece of paper. I would recommend this to anyone else going through this experience.

- Rebecca (actual patient)



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## Welcome to the MyFuture<sup>™</sup> app by Medtronic

See what's next. Start living it.

Now with the MyFuture™ app, you can find timely, personalized information to help you make informed decisions along your journey.

- Use the app's diary to **easily track your symptoms** to support meaningful conversations with your healthcare provider.
- Watch walkthrough videos and read educational content to find the personalized answers you need in one simple app.
- Create and share reports ahead of your appointment to facilitate better discussions.
- The MyFuture<sup>™</sup> app is designed to be easy to use and Medtronic app support is just one call away.



## There are many ways you can get access



1. Search for "MyFuture™ by Medtronic" on your device's app store







2. Use your cellphone camera to scan this QR code



3. Visit medtronic.com/MyFutureApp

Tap "Connect me to a Rep" if you are:

- 1. Undergoing an InterStim™ trial.
- 2. Receiving an InterStim™ or Altaviva™ implant.