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The Burden of Spasticity

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## INTRATHECAL BACLOFEN (ITB) THERAPY VALUE SUMMARY

For treatment of severe, generalised spasticity



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SPASTICITY IS A DISORDERED **SENSORI-MOTOR** CONTROL, RESULTING FROM AN UPPER MOTOR **NEURON LESION,** PRESENTING AS INTERMITTENT OR SUSTAINED INVOLUNTARY **ACTIVATION** OF MUSCLES<sup>1</sup>



Glossary



## THE ORIGIN OF SPASTICITY

RECOGNIZING THE SIGNS OF SPASTICITY





Spasticity is often described as tight, stiff muscles or spasms that may make movement, posture and balance difficult.

When spasticity is perceived by the individual or caregiver as hindering body function, activities and/or participation, it is referred to as **disabling spasticity**<sup>2</sup>.

Disabling spasticity is also referred to as severe spasticity by some clinicians/authors.



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## THE ORIGIN OF SPASTICITY

## CEREBRAL ORIGIN

- STROKE
- CEREBRAL PALSY (CP)
- BRAIN INJURY

OR

## SPINAL ORIGIN

- SPINAL CORD INJURY (SCI)
- MULTIPLE SCLEROSIS (MS)\*
- \* Multiple sclerosis is routinely considered of spinal origin due to the location of the lesions in the spinal cord, although patients may also present with brain lesions<sup>3</sup>.

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## RECOGNIZING THE SIGNS OF SPASTICITY



SEVERAL SCALES
HAVE BEEN
DEVELOPED
AND VALIDATED
TO ASSESS
SPASTICITY

While some scales are indication-specific, others are commonly used across indications. The most commonly used scales include:

- (Modified) Ashworth Scale (AS/MAS)
- Functional Independence Measure (FIM)
- Electrophysiological Measures
- Gait and Movement Analysis
- Walking Tests (e.g., 10 metres, 6 minutes)



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## **EPIDEMIOLOGY**

THE PREVALENCE OF SEVERE SPASTICITY VARIES WITH THE UNDERLYING CONDITION

SPASTICITY AFFECTS AN ESTIMATED 12 MILLION PEOPLE WORLDWIDE<sup>1</sup>



#### **SPINAL ORIGIN**

#### MULTIPLE SCLEROSIS

550,000 persons in Europe have multiple sclerosis<sup>2</sup>.

Up to 30% are living with severe spasticity<sup>3-7</sup>.





## SPINAL CORD

200,000 persons in Europe are living with spinal cord injury<sup>8</sup>.

Over **30%** are living with severe spasticity<sup>9-14</sup>.





#### **CEREBRAL ORIGIN**

#### **STROKE**

1.1 million persons suffer a stroke in Europe each year<sup>15</sup>.

Up to 13% are living with a more severe degree of spasticity<sup>16-21</sup>.



## CEREBRAL PALSY

Close to 1 million persons in Europe have cerebral palsy²².

Over **40%** are living with severe spasticity<sup>23-27</sup>.





#### BRAIN INJURY

Prevalence is not well characterized.



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Several patient survey-based studies have found that **65-84%** of patients with MS experience spasticity<sup>3-6</sup>.



**17-29%** of patients in these studies report severe spasticity<sup>3-7</sup>.

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SPASTICITY
IS A COMMON
COMPLICATION IN
MULTIPLE SCLEROSIS
AND OFTEN AFFECTS
THE LEGS



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## SPINAL CORD INJURY (SCI)

INCIDENCE AND PREVELANCE OF SCI DIFFER BETWEEN DEVELOPING AND DEVELOPED COUNTRIES<sup>9</sup>



Across studies, spasticity is reported to develop in **40-68%** of patients with SCI<sup>10-13</sup>.

Patients with cervical injuries are more likely to experience spasticity than patients with thoracic or lumbosacral level injuries<sup>10-11</sup>.



Nearly **30%** of patients with SCI may experience disabling spasticity<sup>10-12,14</sup>.



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## **STROKE**



Several studies have observed that **17-43%** of post-stroke patients develop spasticity<sup>16-21</sup>.



One study reports that **13%** of post-stroke patients develop severe disabling spasticity<sup>20-21</sup>.

SPASTICITY IS A WELL-KNOWN DISABLING CONSEQUENCE OF STROKE



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## CEREBRAL PALSY (CP)

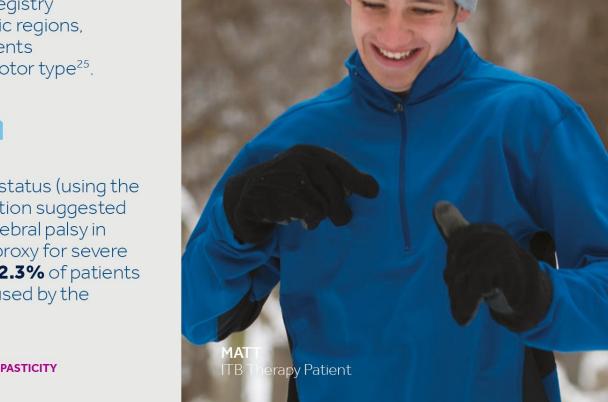
CEREBRAL PALSY IS
THE MOST COMMON
CAUSE OF SPASTICITY
IN CHILDREN AND
YOUNG ADULTS<sup>23-24</sup>



A comparison of 28 CP registry studies from 8 geographic regions, reports that **90%** of patients with CP have a spastic motor type<sup>25</sup>.



One study on functional status (using the definition for motor function suggested by the Surveillance of cerebral palsy in Europe, which may be a proxy for severe spasticity) reports that **42.3%** of patients have severe disability caused by the underlying disease<sup>26-27</sup>.



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An estimated 5% of all traumatic brain injuries are classified as severe, with contractures due to spasticity occurring in up to **85%** of patients with severe traumatic brain injuries<sup>28</sup>.



EPIDEMIOLOGICAL
EVIDENCE FOR
SPASTICITY
DEVELOPMENT
AFTER BRAIN
INJURY IS NOT
WELL-CHARACTERIZED.
INCIDENCE ESTIMATES
VARY FROM 13-63%<sup>29-30</sup>

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What is Spasticity? SIGNIFICANT HUMAN IMPACT

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SPASTICITY IS
A BURDENSOME
CONDITION AND
HAS BEEN SHOWN
TO IMPACT ON ALL
ASPECTS OF PATIENTS'
HEALTH-RELATED
QUALITY OF LIFE,
ACROSS DISEASE
INDICATIONS.

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MULTIPLE SCLEROSIS SPINAL CORD INJURY





**STROKE** 

IMPACT OF SPASTICITY SEVERITY





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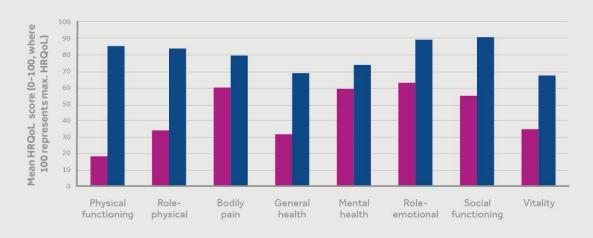
## MULTIPLE SCLEROSIS (MS)

OTHER
IMPACTS
OF
SPASTICITY



In a 2013 Spanish study, scores on the Short Form-12 (SF-12°) quality of life survey indicated that **MS-related spasticity** had a **more pronounced effect on patients' general health and on the physical**, rather than mental, aspects of well-being ¹.

MS patients with spasticity also demonstrate a quality of life decrement compared to a general population <sup>1,2</sup>.



MS with spasticity<sup>1</sup>

Normative Spanish population<sup>2\*</sup>

HRQoL: HEALTH-RELATED QUALITY OF LIFE

\* In the absence of normative SF-12 data, normative SF-36 data from a Spanish population is used here as an approximate comparison³

Medtronic Further, Together

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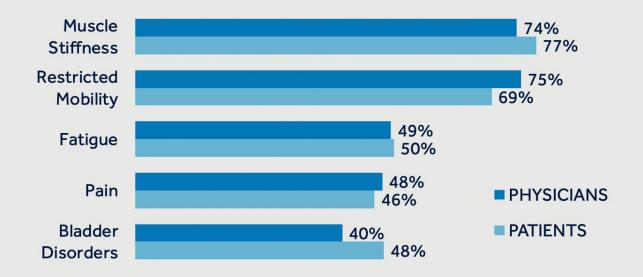
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# OTHER IMPACTS OF SPASTICITY

A 2014 cross-sectional study from Germany, which focused on patients who had experienced multiple sclerosis-related spasticity for at least 12 months, reported general agreement in the **most disturbing symptoms associated with spasticity** according to both physicians (N=411) and patients (N=398), being **stiffness** and **mobility restriction**<sup>4</sup>.





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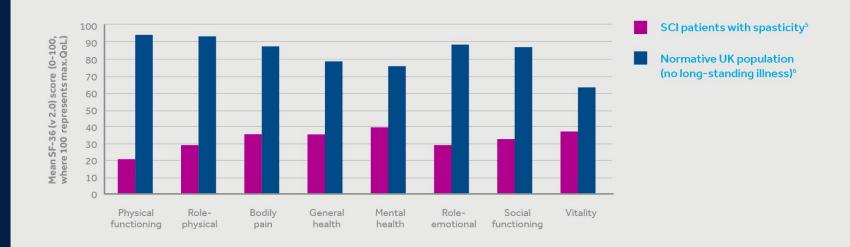
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Intrathecal Baclofen Therapy SPINAL CORD INJURY (SCI) OTHER
IMPACTS
OF
SPASTICITY



From a 2014 UK survey of 162 persons with SCI who experienced spasticity, significant decreases in health-related quality of life, as measured by the SF-36 survey (version 2.0), were observed in all health domains, when compared to a general population<sup>5,6</sup>.



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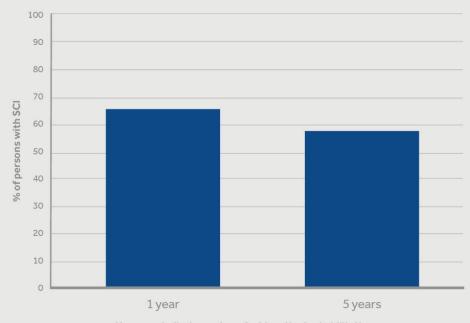
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# OTHER IMPACTS OF SPASTICITY

A 2017 multi-centre study from the Netherlands examining community-dwelling SCI patients who used a wheelchair for everyday mobility (N=110), found that more than half of participants experienced restrictions on functioning due to spasticity, persisting at 5 years post-discharge from their first inpatient rehabilitation.<sup>7</sup>

#### Functional restrictions due to spasticity<sup>7</sup>



Years post-discharge from first inpatient rehabilitation



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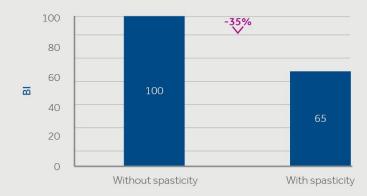
IMPACT OF POST-STROKE SPASTICITY ON HRQOL

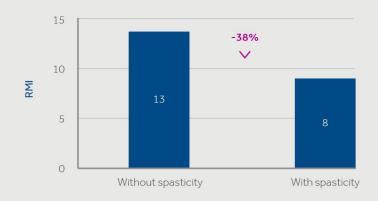






Post-stroke patients with spasticity suffer from a **reduction** in function of 35–38% compared to those without spasticity ( $p \le 0.001$ )<sup>8</sup>.





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BI: BARTHEL INDEX
RMI: RIVERMEAD MOBILITY INDEX



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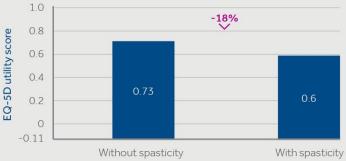
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## **STROKE**

Spasticity **negatively impacts** the health-related quality of life (HRQoL) of stroke survivors compared to those without spasticity ( $p \le 0.001$ )<sup>9</sup>.

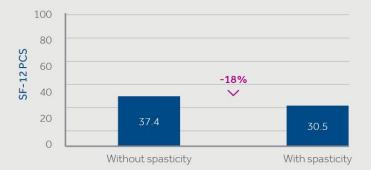


-13%



3.36

With spasticity



EQ-5D: EUROQOL-5D

5

4

3

0

SS-QOL

SF-12 PCS: SHORT FORM-12 PHYSICAL COMPONENT SUMMARY

SS-QOL: STROKE-SPECIFIC QUALITY OF LIFE



Without spasticity

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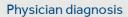
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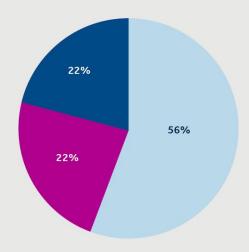
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## **STROKE**

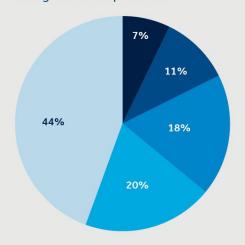
Caregivers of stroke survivors with spasticity suffer from increased anxiety or depression<sup>10</sup>.





- None (86 caregivers)
- Depression (34 caregivers)
- Anxiety (33 caregivers)

### Patient Health Questionnaire-9 (PHQ-9) categories of depression



- None (68 caregivers)
- Mild depression (30 caregivers)
- Moderate depression (28 caregivers)

- Moderate severe depression (16 caregivers)
- Severe depression (11 caregivers)



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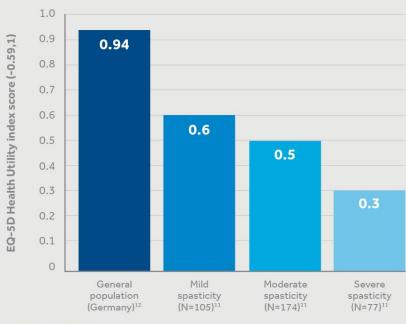
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## QUALITY OF LIFE WORSENS WITH INCREASING SEVERITY OF SPASTICITY

Data from a German cross-sectional, burden-of-disease study on patients who had experienced multiple sclerosis-related spasticity for at least 12 months reported increasing impact on health-related quality of life with increasing spasticity severity (N=389)<sup>11</sup>.



HEALTH-RELATED
QUALITY OF LIFE
DECREASE BECOMES
MORE PROMINENT
WITH AN INCREASING
SEVERITY OF SPASTICITY<sup>11</sup>

EQ-5D: EUROQOL-5D



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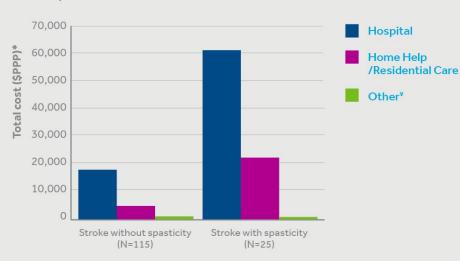
### HIGHER HEALTHCARE COSTS ASSOCIATED WITH PATIENTS WHO DEVELOP SPASTICITY

INCREASING SEVERITY, INCREASES COSTS



A Swedish study has shown that in the 12-months **post-stroke**, direct healthcare costs for patients who experience spasticity are **4 times higher** than for those who do not develop spasticity<sup>1</sup>.

**Mean Direct Healthcare Costs** of patients with post-stroke spasticity was PPP \$84,195 vs. PPP \$21,842 for non-spastic stroke patients<sup>1</sup>.



\*For this study, Swedish currency (SEK) was converted into Purchasing Power Parities, which are rates of currency conversion that eliminate the difference in price levels between countries<sup>2</sup>. US dollar (PPP\$) at the exchange rate of 9.34 SEK for 1 PPP\$ (2003 value)<sup>3</sup>.

¥ Other direct costs include primary care and medication.

HOSPITALISATIONS,
HOME HELP AND
RESIDENTIAL CARE
WERE THE MAIN
COST DRIVERS
IN THE
POST-STROKE
POPULATION, WITH
HIGHER COSTS
OBSERVED FOR
SPASTIC PATIENTS
COMPARED TO
NON-SPASTIC
PATIENTS<sup>1</sup>



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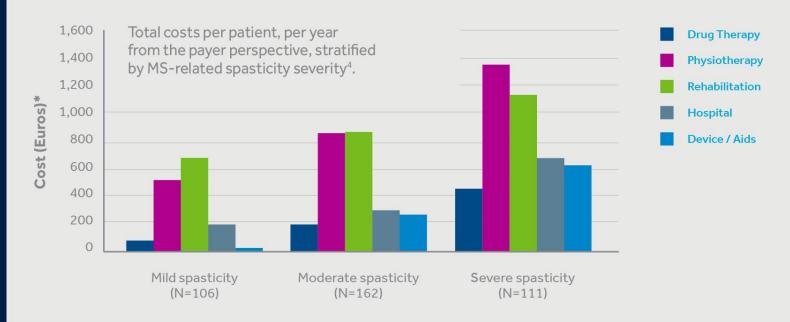
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### HIGHER HEALTHCARE COSTS ARE ASSOCIATED WITH AN INCREASING DEGREE OF SPASTICITY

Data from a German burden-of-disease study on patients with multiple sclerosis (MS)-related spasticity demonstrates **increasing healthcare costs accompany increasing spasticity severity** (N=379)<sup>4</sup>.



\*2011 costs from Germany

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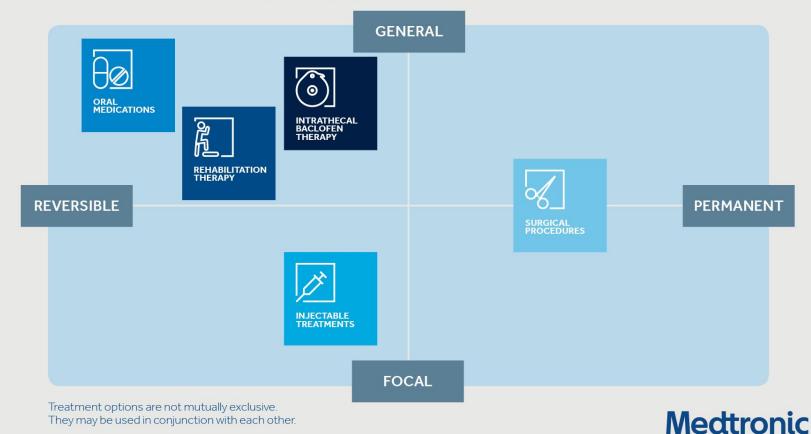


## TREATMENT OPTIONS

DISABLING SPASTICITY
IS CHALLENGING TO
CONTROL EFFECTIVELY
AND TYPICALLY
REQUIRES A
COMBINATION
OF TREATMENTS

Further, Together

CLICK ON THE ICONS FOR MORE INFORMATION ON EACH TREATMENT OPTION



ITB VALUE SUMMARY TREATMENT OPTIONS

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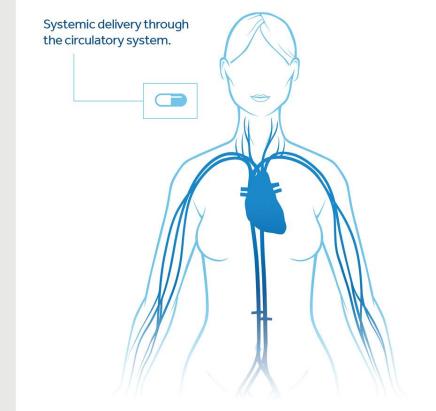
## ORAL MEDICATIONS



ORAL BACLOFEN
IS ONE OF THE MOST
COMMONLY USED
ANTISPASMODIC DRUGS
IN THE TREATMENT
OF SPASTICITY

For some patients, the amount of drug that penetrates the blood-brain barrier may not provide adequate relief for their disabling spasticity.

Increasing the dose may often result in unacceptable central nervous system (CNS) side effects such as sedation, dizziness, and muscle weakness<sup>1-4</sup>.



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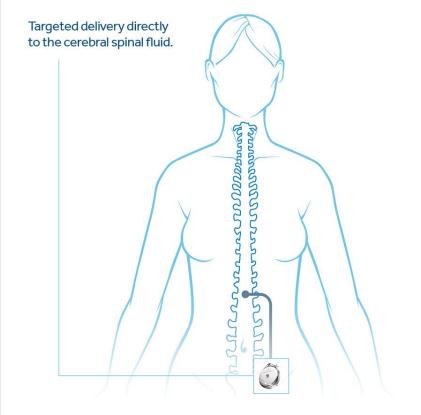
Intrathecal Baclofen Therapy

## INTRATHECAL BACLOFEN (ITB) THERAPY

## AN ALTERNATIVE ROUTE OF DELIVERY

ITB THERAPY
DELIVERS THE DRUG
DIRECTLY TO THE
INTRATHECAL SPACE
SURROUNDING
THE SPINAL CORD

This allows effective drug concentrations to reach the cerebrospinal fluid, while the plasma remains relatively unaffected, compared with oral administration<sup>5</sup>.



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## REHABILITATION THERAPY



**PHYSICAL THERAPY** to maximize motor skills, train muscles, improve mobility and promote flexibility.

#### **OCCUPATIONAL THERAPY**

for upper limb function and fine motor skills to improve self-care and comfort.

**SPEECH THERAPY** to improve speech or use of alternative means of communication

## INJECTABLE TREATMENTS



#### PHENOL AND ALCOHOL

are neurolytic agents which induce chemodenervation.

#### **BOTULINUM TOXIN (BONT)**

agents, administered by intramuscular injection, are available for the treatment of focal spasticity.

Injections must be repeated regularly as their effectiveness wears off over time.

## SURGICAL PROCEDURES



General or focal, non-reversible procedures targeting:

**NERVES** (e.g., selected dorsal rhizotomy, neurotomy).

**MUSCLES AND TENDONS** (e.g., lengthening transfer).

BONES (eg. osteotomies, fusions).

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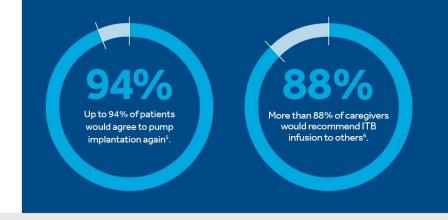
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## INTRATHECAL BACLOFEN (ITB) THERAPY



ITB is a viable option in patients who experience intolerable side effects or who fail to respond to the maximum recommended dose of oral baclofen<sup>1</sup>.



Delivers a liquid form of medicine directly to fluid around spinal cord



Requires **100 to 1000x** smaller doses than oral baclofen<sup>2</sup>



Expected to produce fewer or more tolerable side effects when compared to oral baclofen<sup>3-4</sup>



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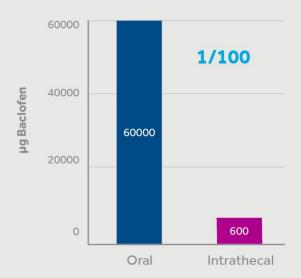


### **PHARMACOLOGY**

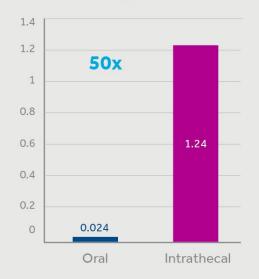
ITB ONLY REQUIRES 1/100 OF THE ORAL DAILY DOSAGE AND RESULTS IN A 50X HIGHER SPINAL CONCENTRATION<sup>1-4</sup>

Compared to oral baclofen, much lower (1/100) doses of ITB are required to achieve a relatively high (50x) concentration in the cerebrospinal fluid (CSF), thus minimizing side effects

#### Daily administered dosage



#### **Resulting CSF concentration**





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### **BENEFITTING PATIENTS AND CLINICIANS FOR MORE THAN 30 YEARS**

Medtronic's global reach enables our intrathecal drug delivery therapy to be available in many countries across the world.



Communicator

Clinician Programmer

1992

SynchroMed™ pump for severe spasticity of spinal origin

1999

SynchroMed™ EL pump

2008

myPTM™ Personal Therapy Manager 2017

New clinician programmer

2019



#### 1988

SynchroMed<sup>™</sup> pump (first used for pain management)

#### 1996

SynchroMed<sup>™</sup> pump for severe spasticity of cerebral origin

#### 2003

SynchroMed™ II pump



#### 2016

SynchroMed™ II pump with durable design\*

MyPTM™ Personal Therapy Manager

#### 2018

New MyPTM™ **Personal Therapy** Manager for patient







\* Design changes to improve performance and reliability; data on file at Medtronic. Note: This timeline only shows extracts of the Medtronic TDD product portfolio



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### PERFORMANCE AND RELIABILITY

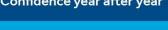
The SynchroMed<sup>™</sup>II Programmable Infusion System:

- is available with a 20ml and 40ml reservoir size
- precisely moves medication through a peristaltic action
- has constant and flexible infusion modes with bolus dosing
- allows patient to self administer a therapeutic bolus
- makes safe 1.5T and 3.0 full body MRI possible\*
- is designed to resume therapy immediately after MRI scan

ITB VALUE SUMMARY INTRATHECAL BACLOFEN THERAPY









19.5mm thickness (20ml pump) 26mm thickness (40ml pump)



<sup>\*</sup> Under specific conditions for 1.5T and 3.0T MRI scans. Requires interrogation to confirm pump status.

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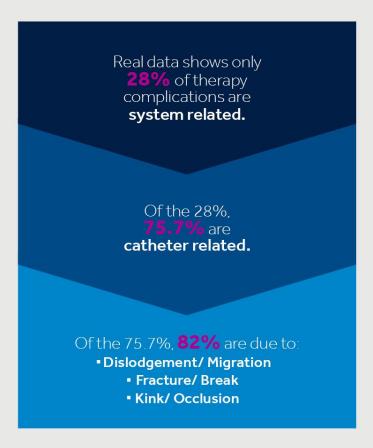
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### PERFORMANCE ASCENDA™

This is why Medtronic designed the Ascenda<sup>™</sup> catheter<sup>3</sup>:

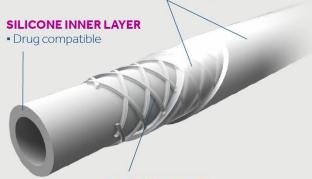


### **DESIGN ENHANCEMENTS<sup>4</sup>**

4 layers vs. 1 (silicone catheters)

#### **2 POLYURETHANE OUTER LAYERS**

Resistance to leaks and cuts



### THERMOPLASTIC POLYESTERPET BRAID

- x6 stronger vs. previous silicone catheters
- Improved resistance to kinking & occlusions

Designed to reduce catheter dislodgement through more secure anchoring & better stabilization during placement.





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### PERFORMANCE ASCENDA™

## CLINICAL DATA DEMONSTRATES FAVOURABLE RESULTS FOR ASCENDA™ COMPARED TO OTHER CATHETERS<sup>5,6</sup>

RESULTS (Motta et al 2016)		OTHER CATHETERS	ASCENDA™
Number of ITB Patients	# of Patients	416	92
Catheter related complications	# of Patients (%)	75 (18%)	0 (0%)

RESULTS (Pucks-Faes et al 2018)		OTHER CATHETERS	ASCENDA™
Number of ITB Patients	# of Patients	73	36
Catheter related complications	# of Patients (%)	19 (26%)	3 (8%)



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## **AVAILABLE IN MULTIPLE REGIONS ACROSS THE GLOBE**

**PLEASE CONTACT** A MEDTRONIC REPRESENTATIVE TO FIND OUT MORE ABOUT IMPLANT AND REFILL CENTRES WORLDWIDE

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## A STAGED APPROACH TO SUCCESSFUL THERAPY

Patient assessment is an essential step in selecting ITB Therapy candidates.

A thorough assessment should ensure that all facets of the patient's condition are considered.

The goals of treatment vary for each patient and must be realistic given their current level of function and disability.

Patients, caregivers and physicians should work together to develop and agree upon all objectives that may be possible with ITB Therapy.



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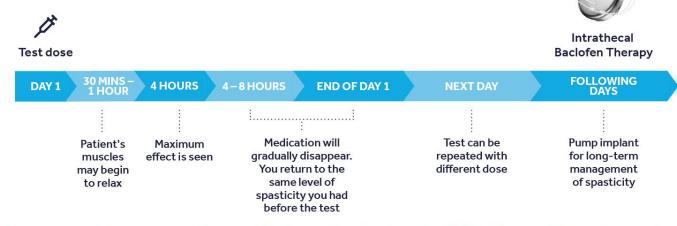
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## THERAPY ALWAYS STARTS WITH A SCREENING TEST (TEST DOSE)

A screening test determines if ITB may work for the patient. It involves the administration by lumbar puncture of an ITB bolus injection. The patient's response is monitored for an 8 hour period following the procedure.



If the medical team, together with the patient, decide ITB is the right treatment option, a Programmable Infusion System (pump and catheter) will be implanted in the patient's lower abdomen for long-term management of their spasticity.



What is Spasticity? GOAL SETTING SCREENING TEST

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### A 5-STEPS IMPLANTATION TECHNIQUE

## 1. POSITION PATIENT



## 2. PLACE CATHETER

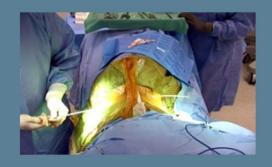




## 3. PREPARE PUMP POCKET



## 4. TUNNEL CATHETER



### 5. CONNECT PUMP AND CATHETER



PATIENT SELECTION GOAL SETTING SCREENING TEST

**IMPLANT** 

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INTERDISCIPLINARY
THERAPY
MANAGEMENT
IS ESSENTIAL
TO ENSURE
OPTIMAL
TREATMENT
BENEFITS

### **TITRATION**

Schedules are individually set to benefit the patient, depending on activities and needs.

### **REPLACEMENT**

Every 6-7 years<sup>1</sup>, an alarm is activated 90 days before battery life ends.

### **REFILLS**

Every 6 weeks-6 months depending on dosing requirements and reservoir size.

## TROUBLE SHOOTING

Patients should be monitored for the occurrence of complications.

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## ITB IS SUPPORTED BY CLINICAL EVIDENCE ACROSS INDICATIONS

ITB can help manage spasticity, decrease spasms and pain, as well as improve function and quality of life.

	SPASTICITY OF C	EREBRAL ORIGII	SPASTICITY OF SPINAL ORIGIN		
	CEREBRAL PALSY	BRAIN INJURY	STROKE	SPINAL CORD INJURY	MULTIPLE SCLEROSIS
NO. OF RANDOMISED PATIENTS	Up to 54	Up to 18	Up to 74	Up to 33	Up to 106
LENGTH OF FOLLOW-UP	Up to 9 years	Up to 9 years	Up to 12 months	Up to 12 years	Up to 21 years
MUSCLE TONE	7 Studies <sup>1-3,5-9*</sup>	4 Studies <sup>9-12</sup>	5 Studies <sup>13-16,18</sup>	5 Studies <sup>8,19-22</sup>	8 Studies <sup>8,20,21,23-27</sup>
SPASMS	2 Studies <sup>7,8</sup>	3 Studies <sup>10-12</sup>		5 Studies <sup>8,19-22</sup>	8 Studies <sup>8,20,21,23-27</sup>
PAIN	2 Studies <sup>2, 4-6*</sup>		1 Study <sup>17</sup>		4 Studies <sup>23,25-27</sup>
FUNCTION	4 Studies <sup>2,3,5,6,8*</sup>	1 Study <sup>10</sup>	3 Studies <sup>13-15</sup>	2 Studies <sup>8,19</sup>	2 Studies <sup>8, 25</sup>
QUALITY OF LIFE	1 Study <sup>4-6*</sup>		3 Studies <sup>13,14, 17</sup>		3 Studies <sup>21,23,25</sup>

Clinical studies including at least 10 patients and showing a significant improvement of the outcome measures.

**CEREBRAL PALSY:** 1 retrospective analysis<sup>3</sup>, 4 prospective studies<sup>1,2,8,9</sup>, 1 randomized controlled study<sup>6</sup> followed by 2 prospective studies on the same patient group<sup>4,5</sup> and 1 prospective controlled study<sup>7</sup>. In the 2 controlled studies, the outcomes have been compared to the conventional medical management.

**BRAIN INJURY:** 4 prospective studies<sup>9,10,11,12</sup>.

**STROKE:** 3 prospective studies <sup>13,14,18</sup>, 1 case series <sup>15</sup> and 1 randomized controlled study <sup>16,17</sup>.

**SPINAL CORD INJURY:** 4 prospective studies<sup>8, 19-21</sup> and 1 retrospective analysis<sup>22</sup>.

#### **MULTIPLE SCLEROSIS:**

2 retrospective study<sup>24,26</sup>, 5 prospective studies<sup>8,20,21,25,27</sup> and 1 randomized control study for the first 13 weeks and prospective study for the follow-up at 26 and 52 weeks<sup>23</sup>.



<sup>\*</sup>Publications 4,5 and 6 refer to the same clinical trial.

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# ITB HAS A DEMONSTRATED SAFETY PROFILE ACROSS INDICATIONS

Adverse effects of different origins may occur with ITB<sup>1-8</sup>.



### DRUG

The most common side effects of ITB are related to the drug itself.

E.g., drowsiness, somnolence, nausea, vomiting, muscli weakness, urinary retention.



## DEVICE/ PROCEDURE

E.g., infection, catheter migration or disconnection, pump dysfunction, cerebrospinal fluid leak, spinal headache.

Almost half of complications related to ITB occur within the first year post surgical implantation, with 25% occurring within the first month.<sup>9</sup>

Most system-related complications are linked to the catheter<sup>11</sup>. Use of the <u>Ascenda™ catheter</u> is associated with a more than 3-fold decrease in the risk of catheter complication<sup>9,10</sup>.

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## PATIENT BENEFIT

### 7 ITB STUDIES SHOW A SIGNIFICANT IMPROVEMENT IN QUALITY OF LIFE FOR PATIENTS OR CAREGIVERS

CLICK ON EACH AUTHOR NAME FOR MORE INFORMATION ON THE STUDY

	INDICATION	AUTHOR	OUTCOME MEASURE	DOMAINS
CEREBRAL	Stroke	Creamer 2018	EQ-5D	Utility score
	СР	<u>Vles 2013</u>	CHQ-PF50	Pain/discomfort, mental health, parental impact emotional, parental impact time, physical summary
	Stroke	Schiess 2011	SS-QOL	Family role, mobility, social roles, thinking, upper extremity, function work productivity, personality, self-care
	Stroke	Ivanhoe 2006	SIP	Physical dimension, psychological dimension, home management, recreation/pastimes
SPINAL	SPINAL MS Na		SDS	Overall score
MS and SCI	MS and SCI	Delhaas 2008	EQ-5D	Visual analog scale
	MS and SCI Middel 1997	Middel 1997	SIP	Overall score, sleep and rest, recreation and pastimes, mobility, body care and movement, physical dimension
			HSC	Overall score, physical health

CHQ-PF50: Child Health Questionnaire Parent Form 50
CP: Cerebral Palsy
EQ-5D: EuroQol-5D

HSC: Hopckins Symptoms Checklist MS: Multiple Sclerosis SCI: Spinal Cord Injury SDS: Self Rating Depression Scale SIP: Sickness Impact profile SS-QOL: Stroke Specific Quality of Life



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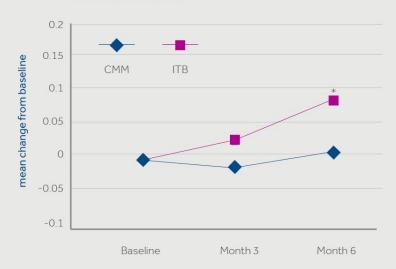
## **CREAMER** 2018



**PATIENT BENEFIT IMPROVING QUALITY OF LIFE** 

In stroke patients, after 6 months of ITB treatment a significant improvement of the EQ-5D utility score was observed when compared to patients treated with conventional medical management (oral medication)17.

#### **EQ-5D UTILITY SCORE**









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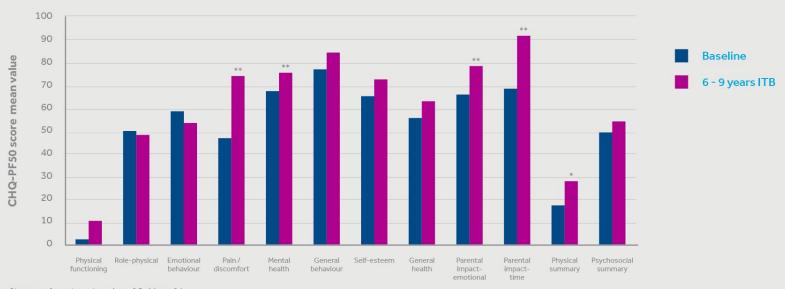
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## **VLES 2013**



Assessment of the CHQ-PF50 score showed an improvement in pain, mental health, parental impact emotional, parental impact time and physical summary after long-term follow up of ITB treatment (6-9 years) in children with intractable spastic cerebral palsy<sup>4</sup>.



Changes from baseline: \* p<.05; \*\* p≤.01



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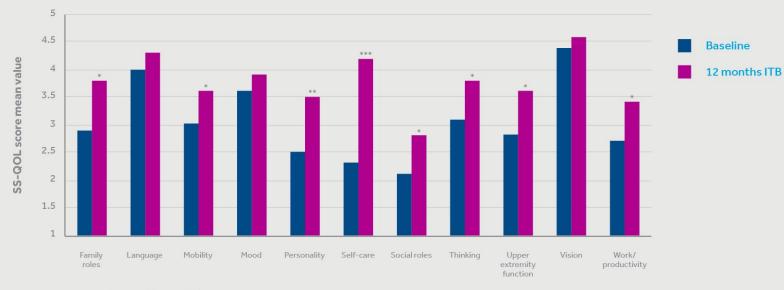
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## SCHIESS 2011



In stroke patients, the SS-QOL showed significant improvement at 12 months of ITB treatment, specifically in the domains of family roles, mobility, personality, self-care, social roles, thinking, upper extremity function, and work/productivity<sup>13</sup>.



Change from baseline: \*p≤.05; \*\* p<.01; \*\*\* p≤.001



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## IVANHOE 2006



In stroke patients, after 12 months of ITB treatment, SIP scores improved significantly overall in both the physical domain (that includes body and care movement, mobility and ambulation) and the psychosocial domains (that includes emotional behaviour, social interest, alertness behaviour and communication), as well as in other categories such as home management or recreation and pastimes<sup>14</sup>.





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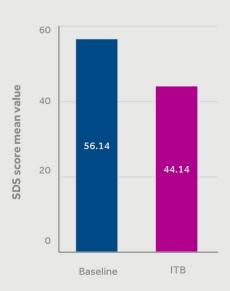
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## **NATALE 2016**



In multiple sclerosis patients, the SDS score varied significantly from pump implantation (baseline value) to last follow-up (74 months in average)<sup>25</sup>.





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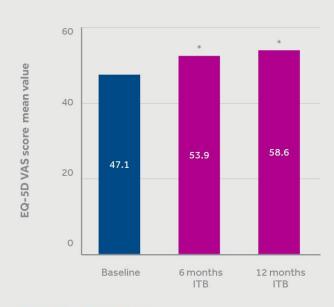


## DELHAAS 2008



PATIENT BENEFIT IMPROVING QUALITY OF LIFE

In a group of spasticity patients (71% of which, were multiple sclerosis and spinal cord injured patients), the average EQ-5D visual analog scale was significantly higher after 6 and 12 months of ITB treatment $^{21}$ .



Change from baseline: \*p≤.05



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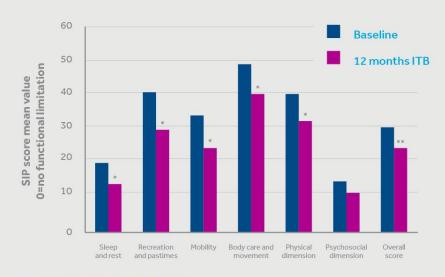


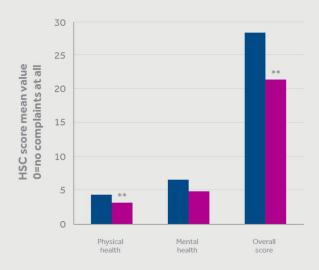
## MIDDEL 1997



## PATIENT BENEFIT IMPROVING QUALITY OF LIFE

In multiple sclerosis and spinal cord injured patients, SIP scale and HSC score improved overall after 12 months of ITB treatment. In particular, sleep and rest, recreation and pastimes, mobility, body care and movement, physical dimensions and physical health showed a significant decrease<sup>23</sup>.





Change from baseline:  $*p \le .05$ ; \*\*  $p \le .001$ SIP overall score has been calculated without the ambulation subscores as not applicable in this population group.

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## PATIENT BENEFIT

### 11 ITB STUDIES SHOW A SIGNIFICANT IMPROVEMENT IN PATIENT FUNCTION

CLICK ON EACH AUTHOR NAME FOR MORE INFORMATION ON THE STUDY

	INDICATIONS	AUTHOR	OUTCOME MEASURE	DOMAINS
CEREBRAL	СР	Motta 2011	GMFM	Overall score
	Stroke	Schiess 2011	FIM	Transfer, grooming, eating, bathing, toileting, ambulation, dressing-upper body and gait distance
			UEMAL	Gross and fine activities and amount of scale, quality of movement
			Walking Speed	
	СР	Ramstad 2010	PEDI	Self-care, mobility, social function
			GMFM	Overall score
	СР	Hoving 2009	GMFM	Sitting dimension, goal dimension
	Stroke	Ivanhoe 2006	FIM	Overall score, motor , transfer, self-care subscores
	CP	Guillaume 2005	FIM, WeeFIM	Overall score
	Stroke	Francisco 2003	Modified FIM	Locomotion-walking, stair, sit to stand, stand to sit
			Walking Speed	
	CP and TBI	Rawicki 1999	FIM, Snow Hygiene Scale	Transfer score, hygiene (ability to clean and self-catheterize)
SPINAL	MS	Natale 2016	ВІ	Overall score
	MS and SCI	Guillaume 2005	FIM, WeeFIM	Overall score
	MS and SCI	Azouvi 1996	FIM	Overall score

BI: Barthel Index
CP: Cerebral Palsy
FIM: Functional Independence Measure

GMFM: Gross Motor Function Mobility

MS: Multiple Sclerosis
PEDI: Pediatric Evaluation of Disability Inventory

SCI: Spinal Cord Injury TBI: Trauma Brain Injury UEMAL: Upper Extremity Manual Activity Log
WeeFIM: Functional Independence Measure for children



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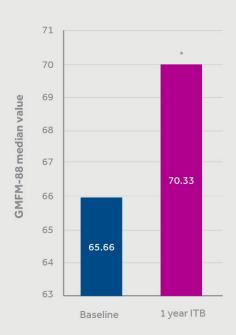
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## **MOTTA 2011**



ITB increased the total median GMFM score in children with cerebral palsy after 1 year of treatment<sup>3</sup>.



Change from baseline: \* p<.001



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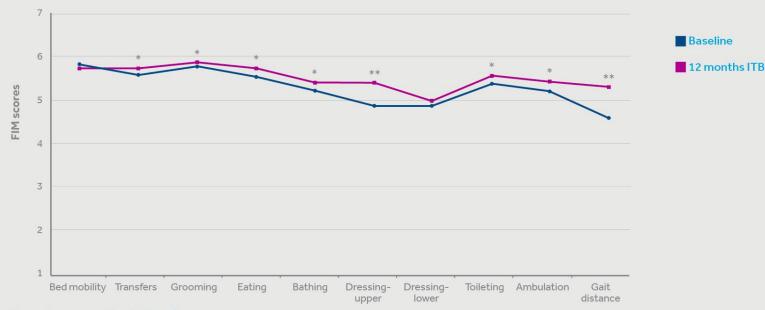
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## SCHIESS 2011



After 12 months of ITB treatment, stroke patients demonstrated improvement in all FIM scores (except bed mobility and lower body dressing), in walking velocity speed and in amount of use (AOU) and quality of movement (QOM) of the spastic upper extremities measured with the UEMAL<sup>13</sup>.



Change from baseline: \* p<.05; \*\* p<.01



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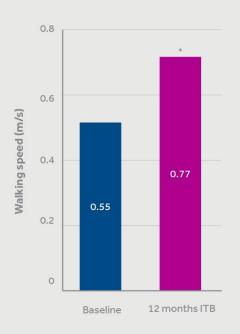
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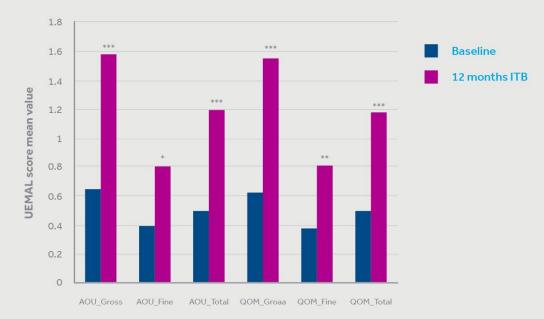
## <>>

## SCHIESS 2011



## IMPROVEMENT IN PATIENT FUNCTION





Change from baseline: \* p<.05; \*\* p<.01; \*\*\* p<.001



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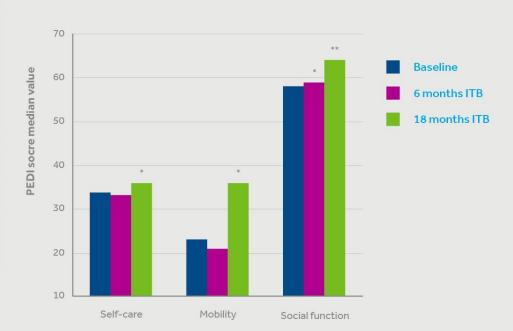


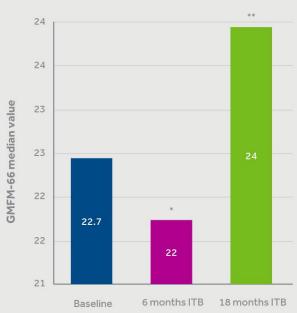
## RAMSTAD 2010



IMPROVEMENT IN PATIENT FUNCTION

In children with cerebral palsy, ITB treatment improved functional skills as demonstrated by the PEDI individual scores and GMFM-66 total score after 6 and 18 months<sup>2</sup>.





Change from baseline: \* p<.05; \*\* p<.01



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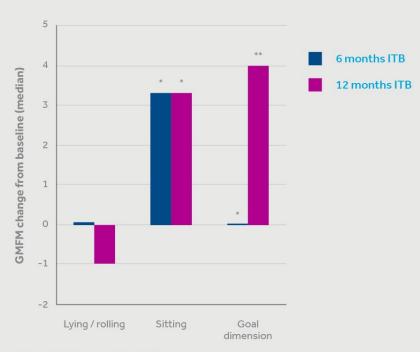
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## HOVING 2009



After 12 months of ITB treatment, children with cerebral palsy significantly improved GMFM sitting and goal dimension scores with 3.3 and 4.0 points, respectively<sup>5</sup>.



Change from baseline: \* p<.05; \*\* p<.01



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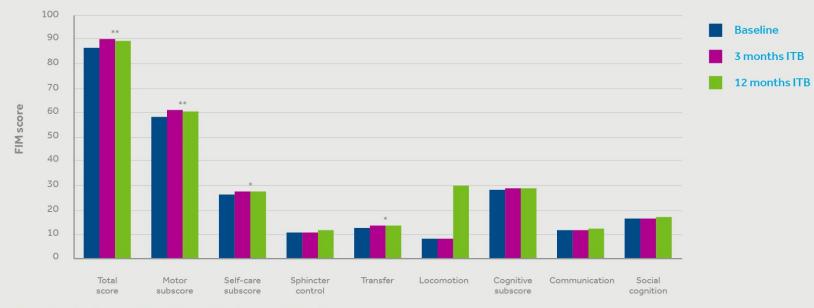
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## IVANHOE 2006



In stroke patients, after 3 and 12 months of ITB treatment, FIM scores improved significantly overall and particularly in motor, transfer, self-care subscores<sup>14</sup>.



Change from baseline, overall (3 and 12 months) p value: \* p≤.05; \*\* p<.01



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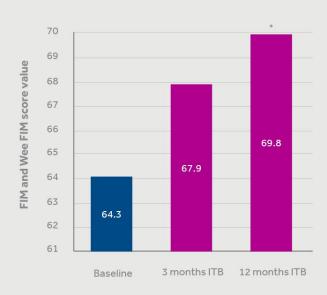
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## GUILLAUME 2005



In patients with intractable spasticity of cerebral and spinal origin, the WeeFIM (used for patients  $\leq$  7 years of age) and the FIM (for patients over 7 years of age) overall score increased significantly after 12 months of ITB treatment<sup>8</sup>.



Change from baseline: \* p<.001



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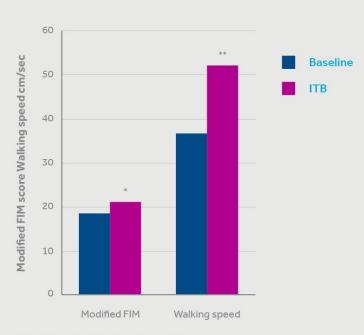
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## FRANCISCO 2003



In stroke patients, ITB significantly improved walking speed and functional mobility rating, measured with a modified FIM score, at an average follow-up time of 8.9 months<sup>15</sup>.



Change from baseline: \* p<.05; \*\* p<.01



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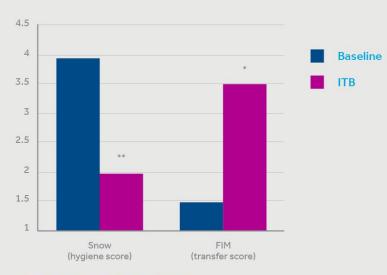
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## RAWICKI 1999



In patients suffering from spasticity of cerebral origin (cerebral palsy, cerebrovascular disease, trauma brain injury) ITB improved hygiene score (Snow) and transfer score (FIM) after long-term treatment (from 12 months to 9 years)<sup>10</sup>.



Change from baseline: \* p<.05; \*\* p<.001



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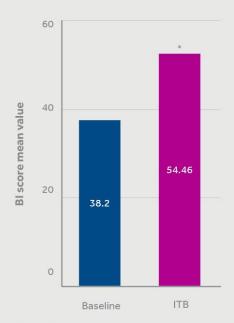
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## **NATALE 2016**



In multiple sclerosis patients, the BI score varied significantly from pump implantation (baseline value) to last follow-up (74 months on average)<sup>25</sup>.



Change from baseline: \* p<.005



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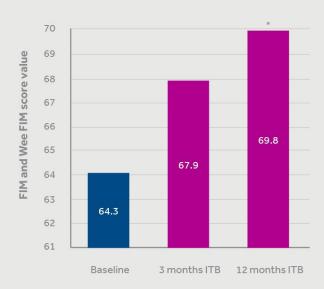
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## GUILLAUME 2005



In patients with intractable spasticity of cerebral and spinal origin, the WeeFIM (used for patients  $\leq$  7 years of age) and the FIM (used for patients over 7 years of age) overall score increased significantly after 12 months of ITB treatment<sup>8</sup>.



Change from baseline: \* p<.001



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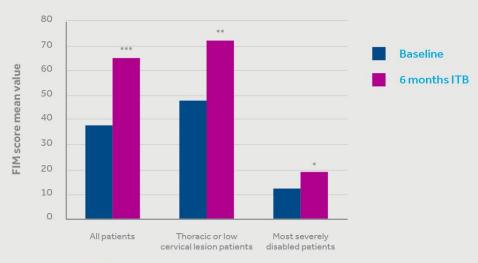
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## **AZOUVI 1996**



In patients with severe and disabling spinal spasticity, ITB treatment improved FIM overall score after 6 months. Most dramatic improvements were observed in patients exhibiting a thoracic or low cervical lesion. Functional improvement for the most severely disabled patients, who were nearly totally dependent, was still significant<sup>19</sup>.



Change from before ITB: \* p <.05; \*\* p<.01; \*\*\* p<.001



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## PATIENT BENEFIT

### 7 ITB STUDIES SHOW A SIGNIFICANT IMPROVEMENT IN PAIN

#### CLICK ON EACH AUTHOR NAME FOR MORE INFORMATION ON THE STUDY

	INDICATION	AUTHOR	OUTCOME MEASURE
CEREBRAL	Stroke	Creamer 2018	NPRS (0-10 scale, actual, least, worst pain)
	СР	<u>Vles 2013</u>	VAS (satisfaction for decrease in pain)
	СР	Ramstad 2010	Pain frequency during last 4 weeks, pain severity (0-4 scale)
SPINAL	MS	Lee 2018	NPRS (0-10 scale)
	MS	Sammaraiee 2018	VAS (0-10 scale)
	MS	Natale 2016	VAS (0-10 scale)
	MS	Middel 1997	VAS (0-10 scale)

CP: Cerebral Palsy
MS: Multiple Sclerosis

NPRS: Numerical Pain Rating Scale VAS: Visual Analogue Scale

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CMM

## **CREAMER** 2018



In stroke patients, after 6 months of ITB treatment, a significant improvement in NPRS for actual and least pain was observed compared to patients treated with conventional medical management (oral medication)17.

LEAST PAIN

-2

-3





CMM= conventional medical management Change from baseline, between group difference\* p < .05

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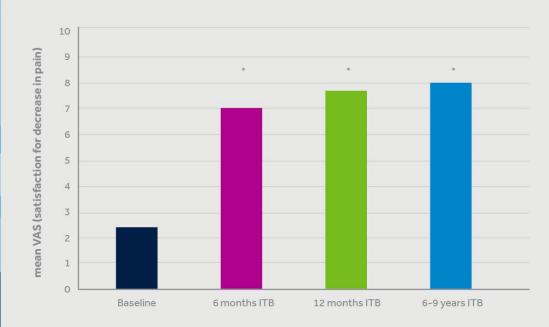
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## **VLES 2013**



Satisfaction for improvement in pain significantly increased after 6 months of ITB treatment and was stable over time in children with spastic cerebral palsy. Higher VAS score represents less pain<sup>4</sup>.



Change from baseline \*p<.01



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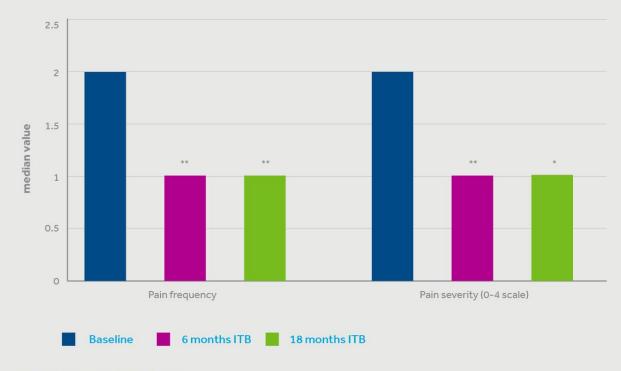
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## RAMSTAD 2010



Pain frequency (during the last 4 weeks) and pain severity were statistically reduced after 6 and 18 months of ITB treatment in a pediatric population with cerebral palsy<sup>2</sup>.



Change from baseline \*p≤.05; \*\*p≤.01



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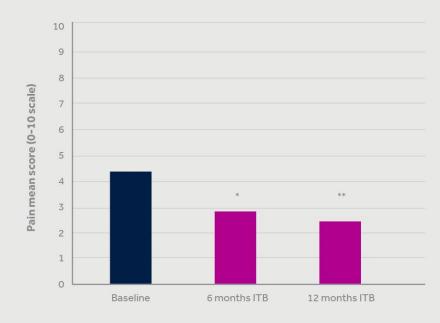
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## **LEE 2018**



In ambulatory multiple sclerosis patients, pain score decreased significantly after 6 and 12 months of ITB treatment<sup>26</sup>.



Change from baseline \*p<.05, \*p<.005



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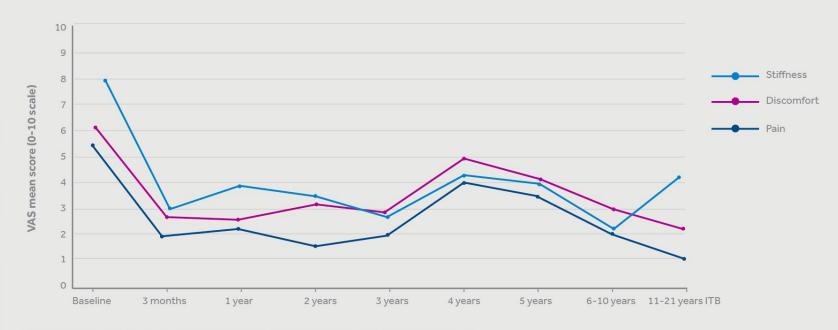
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## SAMMARAIEE 2018



In multiple sclerosis patients, the VAS score for pain, stiffness and discomfort decreased significantly after ITB implant and efficacy was sustained over time<sup>27</sup>.



 $Change from \ baseline \ were \ significant \ over \ time. \ Pain \ p<.005, Stiffness \ p<.0001, Discomfort \ p<.05, Stiffness \ p<.0001, Discomfort \ p<.05, Discom$ 



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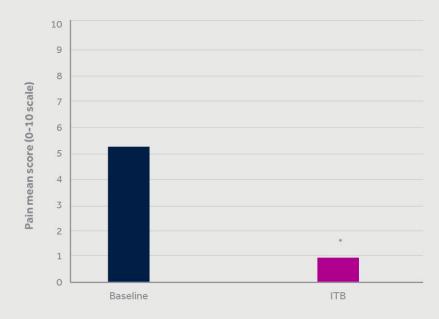
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## **NATALE 2016**



In multiple sclerosis patients, the pain score significantly decreased from pump implantation (baseline value) to last follow-up (74 months on average)<sup>25</sup>.



Change from baseline \*p<0.005



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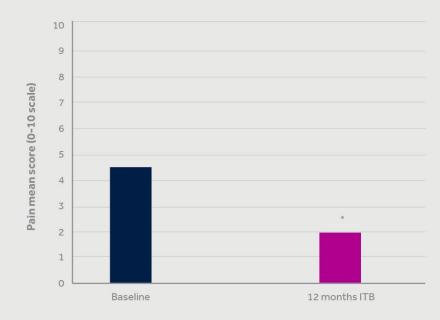
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## MIDDEL 1997



In multiple sclerosis and spinal cord injured patients, pain score significantly improved after 12 months of ITB treatment<sup>23</sup>.



Change from baseline \*p<.01



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## ECONOMIC VALUE

## COST-EFFECTIVENESS OF ITB



# INTRODUCTION OF ITB DEMONSTRATES COST-SAVINGS OVER TIME, POST IMPLANTATION



A few studies have shown reduction in hospitalization length of stay vs. conventional medical management (CMM)<sup>1-3</sup>.



Lifetime analysis cost modeling indicates that ITB could afford cost savings of up to \$8,009 USD/patient/year, compared with conventional therapy<sup>4</sup>.

Cost savings from this analysis were derived primarily from reduced hospital admissions and physician visits<sup>4</sup>.



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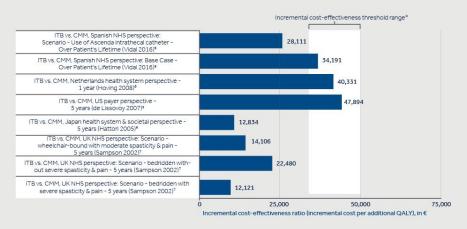
## COST-EFFECTIVENESS

PATIENT OUTCOMES
WHILE MAINTAINING
REASONABLE
HEALTHCARE COSTS,
IN THE LONG TERM.



To date, there are <u>5 published cost-effectiveness studies</u> from Europe, Japan and the U.S. which provide cost-effectiveness ratios (ICERs) for ITB vs. comparative treatments that, in most cases, are below, or close to, the willingness-to-pay (WTP) thresholds across different country systems<sup>5-9</sup>.

These studies demonstrate that ITB provides incremental health benefits at an acceptable incremental cost vs. comparative treatments, when used to treat disabling spasticity in appropriately-selected patients, across time horizons of 1-5 years and patient's lifetime<sup>5-9</sup>.



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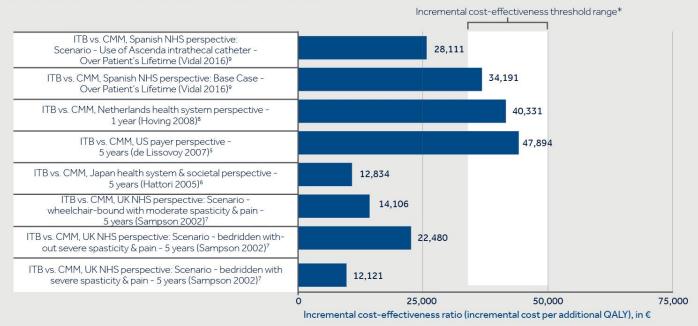
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## COST-EFFECTIVENESS OF ITB

## Incremental cost-effectiveness ratios for ITB from cost-effective analyses with CMM as comparator

(Original values inflated to 2017 then currency converted to 2017 Euros)



<sup>\*</sup>Range of incremental cost-effectiveness thresholds generally accepted in Europe. Only the UK provides published explicit ICER thresholds.¹º



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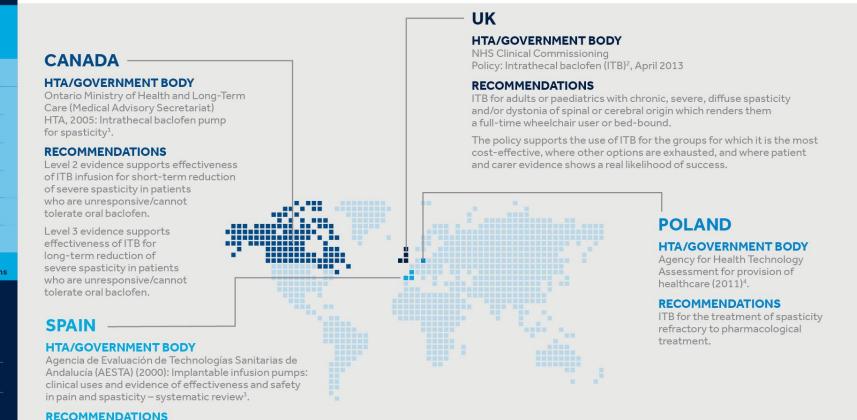
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### HEALTH TECHNOLOGY ASSESSMENT AND POLICY GUIDANCE



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ITB can be indicated for selected cases of severe

spasticity of spinal origin.

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### CLINICAL GUIDELINES FOR INTRATHECAL BACLOFEN

INDEPENDENT EUROPEAN GUIDELINES RECOMMEND ITB FOR DISABLING NON-FOCAL SPASTICITY

CLINICAL GUIDELINE & COUNTRY	SYMPTOMS/POPULATION	RECOMMENDATIONS FOR ITB
National Institute for Health & Care Excellence (NICE), United Kingdom. Cerebral palsy in adults. NICE Guideline 119 (2019) <sup>5</sup> Link: https://www.nice.org.uk/guidance/NG119	Cerebral palsy in adults	Consider referral to a tone/spasticity management service offering continuous pump-administered ITB if they still have difficulties with spasticity, despite enteral muscle relaxant drug treatment or botulinum toxin type A treatment.
Federatie Medisch Specialisten: Netherlands Society of Rehabilitation Medicine (NSRM), The Netherlands. Guideline for the treatment of cerebral and/or spinal spasticity in adults (2017) <sup>6</sup> Link: https://revalidatiegeneeskunde.nl/article/richtlijn-behandeling-van-cerebrale-enof-spinale-spasticiteit-bij-volwassenen-gepubliceerd	Spasticity in adults	ITB is efficient in decreasing spasticity compared to placebo in patients with cerebral and/or spinal spasticity with both observable impact on upper and lower extremities.  Evidence Grade: High



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The Finnish Medical Society Duodecim, Finland national guidelines for stroke (2016) <sup>7</sup> Link: http://www.kaypahoito.fi/web/kh/suositukset/suositus;jsessionid=6958396585ECA 8BA65BE630C1293EF0C?id=nix00624	Spasticity related to cerebrovascular disease; stroke	ITB is efficient in decreasing spasticity compared to placebo in patients with cerebral and/or spinal spasticity with both observable impact on upper and lower extremities.  Evidence Grade: High
German Neurology Society (Deutsche Gesellschaft für Neurologie) S1 Guideline: Therapy of spastic syndromes (2012) <sup>8</sup> (currently under review)  Link: https://www.dgn.org/leitlinien/2431-II-89-2012-therapie-des-spastischen-syndroms	Spastic syndromes	In patients with severe, generalized spasticity, spastic tetra- or paraplegia that cannot be adequately treated with physiotherapy, oral antispastic medication, botulinum toxin type A, or ITB should be considered.
National Institute for Health & Care Excellence (NICE), United Kingdom. Spasticity in under 19s: management. Clinical Guideline 145 (2012) <sup>9</sup> (Last updated November 2016) Link: https://www.nice.org.uk/guidance/cg145	Spasticity in people aged 0-19 years old	Consider treatment with continuous pumpadministered ITB if, despite the use of non-invasive treatments, spasticity is causing difficulties with pain, muscle spasms, posture, function or self-care (or ease of care by parents or carers).



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#### INDEPENDENT EUROPEAN GUIDELINES RECOMMEND ITB FOR DISABLING NON-FOCAL SPASTICITY

CLINICAL GUIDELINE & COUNTRY	SYMPTOMS/POPULATION	RECOMMENDATIONS FOR ITB
Socialstyrelsen, Sweden National guidelines for the treatment of multiple sclerosis (MS) and parkinson's disease: support for governance and management (2016) <sup>10</sup> Link: http://www.socialstyrelsen.se/nationellariktlinjermsochparkinsonssjukdom	Multiple sclerosis in adults	ITB pump therapy should be offered for the treatment of severe spasticity associated with MS in the upper or lower limbs (Priority 4*).  *Scale of Priority 1-10, where Priority 1 should receive the greatest share of resource allocation, and Priority 10 the least.
British Pain Society, United Kingdom. Intrathecal drug delivery for the management of pain and spasticity in adults; recommendations for best clinical practice (2015) <sup>11</sup> Link: https://www.britishpainsociety.org/static/uploads/resources/files/itdd_2015_pro_v3.pdf	Pain and spasticity in adults	The working group believes* that ITB is well-established in the management of both cerebral and spinal spasticity and is a costeffective method of baclofen delivery for spasticity.  *These recommendations are primarily evidence-based but where necessary comprise the consensus opinion of the working groups.



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Acquired Brain Injury (ABI) or Brain Injury (BI): Brain injury is an inclusive term for damage to the brain that occurs after birth and is not related to a hereditary, congenital, or degenerative disease. Traumatic brain injury, hypoxic and anoxic brain injury, and stroke are forms of acquired brain injuries.

**Ashworth Scale / Modified Ashworth Scale:** The Ashworth Scale tests resistance to passive movement around a joint with varying degrees of velocity. Scores range from 0-4, with 0 indicating no resistance and 4 indicating rigidity. The Modified Ashworth Scale is similar, but adds a +1 score used to indicate resistance throughout less than half of the range of movement.

Baclofen: Drug that inhibits the release of excitatory neurotransmitters, inhibiting spastic response to stretch reflex.

Barthel Index (BI): The Barthel Index is an ordinal scale used to measure the ability of an individual with a neuromuscular or musculoskeletal disorder to care for him/herself and perform activities of daily living. It assesses 10 activities of daily living and mobility activities rated by the amount of assistance required to complete: feeding, bathing, grooming, dressing, bowel control, bladder control, toileting, chair transfer, ambulation, and stair climbing.

See also: Functional Independence Measure.

Bolus: Discrete amount of medication, drug or other compound in order to raise its concentration in blood to an effective level.

Case series: Coherent and consecutive set of cases of a disease (or similar problem) which derive from the practice of one or more health care professionals or health care setting. The cases were defined by similar diagnoses/disease state or having undergone the same intervention/procedure.

Central nervous system (CNS): The central nervous system is the part of the nervous system consisting of the brain and spinal cord.

Cerebral palsy (CP): Cerebral palsy is a non-progressive neurological disorder due to brain injury or malformation early in life. It is a group of permanent early childhood movement disorders. Motor symptoms may include spasticity.

Cerebrospinal fluid (CSF): The cerebrospinal fluid is a clear, colorless body fluid found in the brain and spine. It occupies the subarachnoid space (between the arachnoid mater and the pia mater) and the ventricular system around and inside the brain and spinal cord.

Child Health Questionnaire Marent Form (CHQ-PF50): The CHQ-PF50 is a standardized quality of life questionnaire designed for children of 5-18 years of age. It measures 14 individual health concepts and can be aggregated into 2 summary component scores for physical functioning and psychosocial health on a 0-100 scale.

Controlled study: A study with 2 or more groups, with different intervention/exposure, and outcomes were measured in all groups and compared between groups.

Conventional Medical Management (CMM): A nonsurgical spasticity treatment protocol that may include physical and occupational therapy, orthotics, mobility aids, oral medications, and chemodenervation. CMM does not include ITB therapy, neurosurgery, or orthopedic surgery.

Cost-effectiveness Analysis (CEA): A form of economic analysis used to support decision making about a treatment choice versus an alternative. CEA compares the relative costs and outcomes (effects) of two courses of action, and its results are expressed as a ratio (ICER).

EuroQol-5D (EQ-5D): The EQ-5D is a non-disease-specific patient self-assessment questionnaire that measures health-related quality of life.

Functional Independence Measure (FIM): The FIM is an 18-item tool used in an inpatient rehabilitation setting to measure the severity of disability and need for assistance in carrying out activities of daily living. Tasks are rated on a 7-point ordinal scale from total assistance/complete dependence to complete independence. A higher score indicates higher level of function. The FIM's 18 items are categorized into 6 motor and cognitive subscales.

Gross Motor Function Measure (GMFM): The GMFM is a standardized clinical tool that evaluates change over time in five dimensions of motor function ability in children aged 5 months to 16 years with CP: lying and rolling, sitting, crawling and kneeling, standing and walking, and running and jumping. It uses a 4-point score for each item, summed to calculate raw and percent scores for each dimension and overall score.

**Hopckins Symptoms Checklist (HSCL):** The HSCL is a self-report symptom inventory which measures symptoms of anxiety and depression. It is comprised of 58 items which are representative of the symptom configurations commonly observed among outpatients. It is scored on five underlying symptom dimensions—sommatization, obsessive-compulsive, interpersonal sensitivity, anxiety and depression—which have been identified in repeated factor analyses.

Incremental cost-effectiveness ratio (ICER): The key result of a CEA, expressed as the additional cost per QALY gained. The incremental cost per QALY is interpreted as the additional cost for 1 additional year of life in full health.

Intrathecal (subarachnoid) space: The space containing cerebrospinal fluid (CSF) between the arachnoid mater and pia mater of the spinal cord.

Intrathecal baclofen (ITB): Delivery of baclofen directly into the intrathecal space by lumbar puncture or an indwelling intrathecal catheter connected to a drug delivery pump.

Lumbar Puncture: Procedure in which a needle is inserted into the spinal canal.

Multiple sclerosis (MS): Multiple sclerosis is an immune-mediated progressive disease that destroys the myelin membrane of nerves in the brain and spinal cord. Demyelination impedes neuronal communication, which may result in motor symptoms including spasticity.

Patient Health Questionnaire (PHQ-9): The PHQ-9 is a multipurpose instrument for screening, diagnosing, monitoring and measuring the severity of depression.

Pediatric Evaluation of Disability Inventory (PEDI): The PEDI is an assessment tool for children that measures capability and performance of functional activities in 3 content areas: self-care, mobility, and social function. Scores range from 0-100, with higher scores indicating lesser disability.

Peristaltic Pump: Mechanical pump in which pressure is provided by the movement of a constriction along a tube, similar to biological peristalsis.



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Pharmacology: Branch of medicine concerned with the uses, effects, and modes of action of drugs.

Prevalence: Percentage of a population that is affected with a particular disease at a given time.

Prospective study: The subjects were enrolled in the study after the study had been designed and approved, and the subjects were followed for some period of time.

Quality Adjusted Life Year (QALY): A QALY is a generic measure of effectiveness that encompasses both quality and quantity of life (i.e., survival), providing a consistent and common measure that healthcare funders can use to inform funding decisions.

**Randomized Controlled Trial (RCT):** An experimental comparative study in which participants are randomly assigned to intervention or control and followed over time to measure differences in outcomes. Concealment of the allocation of the randomized assignment is important. Known and unknown prognostic factors (confounders) should be evenly distributed between the groups.

Retrospective study: The study started after the data/information had been collected.

Rivermead Mobility Index (RMI): 15 items questionnaire for quantifying functional abilities such as gait, balance, and transfers after stroke.

**Self Rating Depression Scale (SDS):** The Self-Rating Depression Scale is a 20-item self-report questionnaire that is widely used as a screening tool, covering affective, psychological and somatic symptoms associated with depression. Each item is scored on a Likert scale ranging from 1 to 4. A total score is derived by summing the individual item scores, and ranges from 20 to 80. Most people with depression score between 50 and 69, while a score of 70 and above indicates severe depression.

**Short Form Survey (SF-36 and SF-12):** 36 or 12-question measure of health perception in eight dimensions: physical functioning, role limitation because of physical health, social functioning, vitality or energy, bodily pain, mental health, role limitation because of emotional problems, and general health. Provides Physical Component Scores (PCS) and Mental Component Scores (MCS-36) ranging from 0-100, with higher scores representing better self-reported health.

Sickness Impact Profile (SIP): The SIP is a yes/no patient self-assessment that measures psychosocial and physical quality of life in 12 categories (sleep and rest, eating, work, home management, recreation and pastimes, social interaction, alertness behavior, emotional behavior, communication, ambulation, mobility, and body care and movement). A lower score indicates improvement. It is designed to objectively assess outcomes from health care services. There are 2 versions of the SIP; one with 136 items and one with 68 items.

**Snow Hygiene Score:** A measurement of ability to clean and self-catheterize first described by Snow et al (1990) within a case series of 9 MS patients receiving botulinum toxin for spasticity. This score was used by Rawicki (1999) to measure hygiene in 18 patients with cerebral origin spasticity receiving ITB therapy.

Spasm: Sudden involuntary muscular contraction or convulsive movement.

**Spasticity:** Spasticity is an abnormal increase in muscle tone caused by injury of upper motor neuron pathways regulating muscles. Spasticity may be a result of multiple sclerosis, cerebral palsy, stroke, brain injury, or spinal cord injury.

**Spinal Cord Injury (SCI):** Injury to the spinal cord resulting in a change, either temporary or permanent, in the cord's normal motor, sensory, or autonomic function. SCI symptoms vary widely, and can include pain, paralysis, or spastic hypertonia.

Stretch Reflex: Muscle contraction in response to stretching within the muscle. It is a monosynaptic reflex which provides automatic regulation of skeletal muscle length.

**Stroke:** Also known as cerebrovascular accident (CVA), or cerebrovascular insult (CVI). Types of stroke include ischemic, resulting from impeded blood flow to a region of the brain, and hemorrhagic, due to bleeding in the brain. Symptoms of stroke may include an inability to move or feel on one side of the body, difficulty understanding or speaking, and spastic hypertonia in the long term.

Stroke-Specific Quality of Life scale (SS-QOL): Patient-centered outcome measure assesses health-related quality of life (HRQOL), specific to patients with stroke.

Traumatic Brain Injury (TBI): Traumatic brain injury, a form of acquired brain injury (ABI), is damage to the brain caused by an external mechanical force, such as a motor vehicle accident, explosive blast injury, or penetrating injury.

**Upper Extremity Manual Activity Log (UEMAL):** Structured interview intended to examine how much and how well the subject use of their affected arms. Participants are asked standardized questions about the amount of use of their more-affected arm and the quality of their movemen during the functional activities indicated uses their more-affected arm.

**Upper Motor Neuron Lesion:** An upper motor neuron lesion (also known as pyramidal insufficiency) is a lesion of the neural pathway above the anterior horn cell of the spinal cord or motor nuclei of the cranial nerves. This is in contrast to a lower motor neuron lesion, which affects nerve fibers traveling from the anterior horn of the spinal cord or the cranial motor nuclei to the relevant muscle(s).

**Upper Motor Neuron Syndrome (UMNS):** Upper motor neuron syndrome (UMNS) is the motor control changes that can occur in skeletal muscle after an upper motor neuron lesion.

**WeeFIM:** The WeeFIM or Pediatric Functional Independence Measure is a validated pediatric outcomes tool that measures disability in children with developmental disorders. It measures how much assistance a child needs to perform activities of daily living. It can be used to track functional improvement and goal attainment.

Willingness-To-Pay Threshold: Willingness-to-pay threshold is a threshold above which treatments are no longer considered cost-effective. An ICER is meaningful with respect to this threshold, which is approximately £20,000-£30,000 in the United Kingdom (Shiroiwa 2010, Health Economics 19(4):422-37). The probability of payers not paying for a therapy increases significantly with increases in the ICER. (Shiroiwa T, Sung YK, Fukuda T et al. International survey on willingness-to-pay (WTP) for one additional QALY gained: What is the threshold of cost effectiveness? Health Econ. 2010;19(4):422-437).



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See the device manual for detailed information regarding the instructions for use, the implant procedure, indications, contraindications, warnings, precautions, and potential adverse events. For further information please contact your local Medtronic representative and/or consult the Medtronic website at www.medtronic.com.



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